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SEE TODAY'S GIFT GUIDE FOR DETAILS

GIFT GUIDE 2011
ONLY 30 DAYS LEFT FOR HOLIDAY SHOPPING {pages 25-33}

CHARMER
WILLIAMS STEALS SHOW IN MY WEEK WITH MARILYN {page 35}

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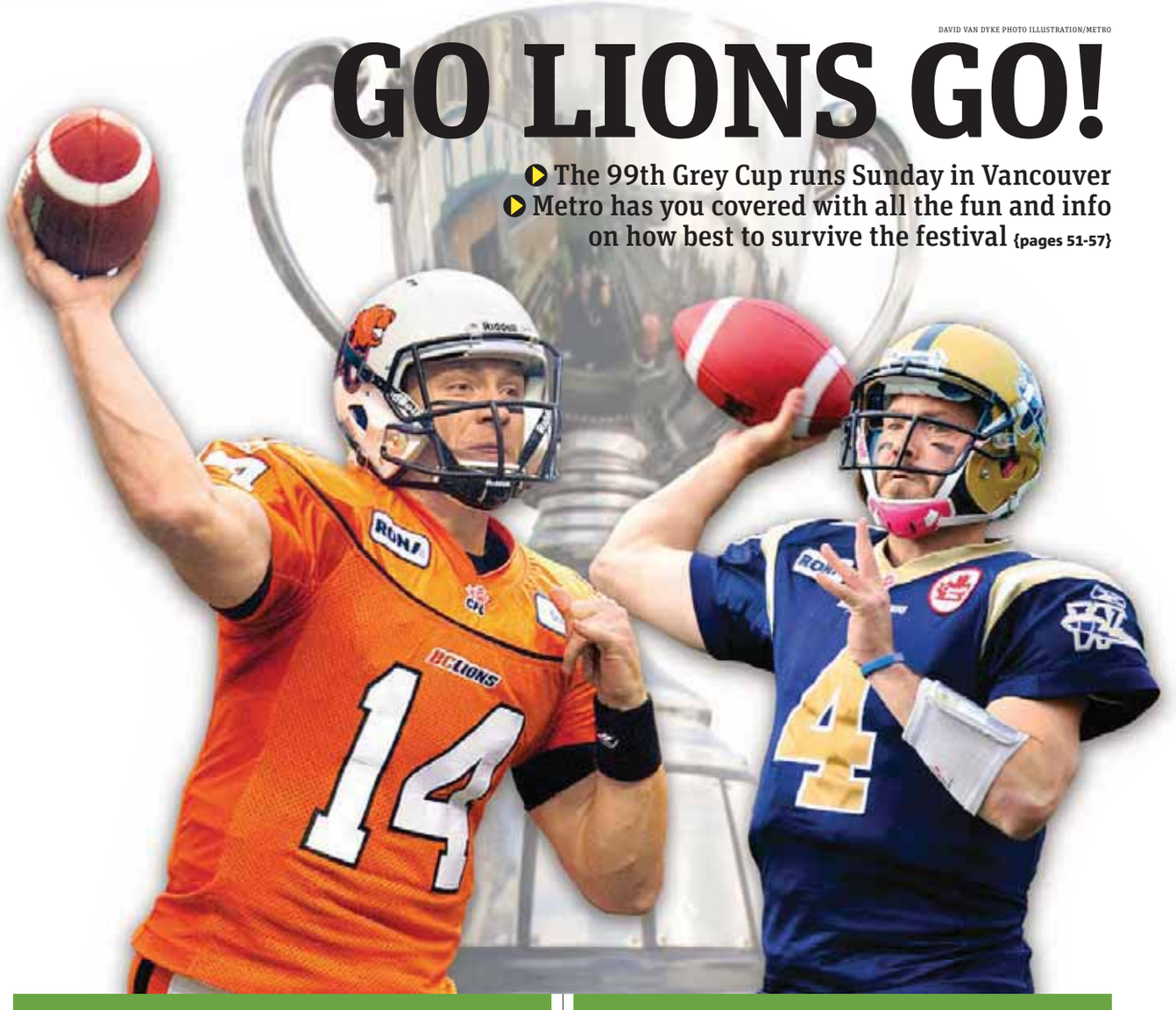
DAVID VAN DYKE PHOTO ILLUSTRATION/METRO

GO LIONS GO!

- The 99th Grey Cup runs Sunday in Vancouver
- Metro has you covered with all the fun and info on how best to survive the festival {pages 51-57}



Treats for game day

Try pulled pork on nachos {page 47}

Mystery solved?

Skyjacking case linked to local bank {page 6}

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Seaplane's sinking was due to leak: Report

A $1.6-million seaplane likely sank because of a leaking starboard float, says an independent safety report released Thursday by the Vancouver Harbour Flight Centre.

The single-engine Otter seaplane, owned by Harbour Air, was found partially submerged on Nov. 5 at the Vancouver Convention Centre floatplane terminal.

Glosten Associates, a U.S. marine engineering firm commissioned by the flight centre, concludes there are no safety problems with the docks. The report also suggests that docking the seaplane for more than 36 hours at full capacity may have contributed to the sinking.

"The length, width and height of the dock and the markings on it appear to be conducive to operations in terms of safety and general usability," aviation expert Gordon Stevens notes in the report.

However, Harbour Air CEO Greg McDougall isn't convinced. In a press release, he called the study "incomplete" because it "does not involve the airline's direct participation in the analysis."

"We continue to believe there are safety and design issues at the proposed dock," he said.

Randy Wright, senior vice-president of Harbour Air and West Coast Air, said he will wait for official results from B.C. PavCo, the provincial agency that oversees the terminal.

KENDRA WONG

JENNIFER GAUTHIER/METRO FILE

▶ Premier Christy Clark says she hopes the auditor general for local government will be installed by late spring of next year.

Cities right to be paranoid about AG: Burnaby mayor

- Province introduces legislation for municipal auditor general
- Derek Corrigan says most city mayors are suspicious of new office

MATT KIELTYKA
@METRONEWS.CA

Burnaby Mayor Derek Corrigan has slammed the provincial government's proposed municipal auditor general as a political ploy and a waste of money.

On Thursday, Minister Ida Chong and Premier Christy Clark introduced legislation to create the $2.6-million office of an auditor general for local government (AGLG).

Clark said the position — to be based in Surrey — will ensure city services are being provided as efficiently as possible. Recommendations stemming from the audits will be non-binding and the office will have no authority to question policy and taxation decisions, she said.

"The AGLG will help keep property taxes under control ... make sure (tax money) is spent as prudently as possible," she said. "I understand that a lot of local politicians didn't like the idea at first. Sometimes you don't look very good (in audits)."

Corrigan is furious the province rushed the plan through even though there was considerable opposition to it during the annual meeting of the Union of B.C. Municipalities in September.

"I'm not afraid of anything. Our books are transparent already," he said. "There's been no case proven that there is any mismanagement going on at a local level."

Despite assurances that the office will be independent, Corrigan fears the province will use the AGLG to attack municipalities that challenge it.

He points to the extensive audit conducted last year of the Vancouver School Board by the comptroller general when the board was openly challenging the lack of provincial funding.

"Most municipalities are suspicious," he said. "If we're paranoid, it's only justified."

Clark said she hopes the AGLG office will be up and running by late spring 2012.

1 news

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A community portrait of pride

- Third annual Help-Portrait taking place in the Downtown Eastside Saturday
- 600 low-income families and individuals to receive professional hair styling and holiday portraits

MATT KIELTYKA
@METRONEWS.CA

Hundreds of families can cross portraits off their holiday checklist this weekend when Help-Portrait Vancouver hits the streets.

The third annual event, run by Nehemiah Arts Foundation Vancouver and the Union Gospel Mission, offers more than 600 low-income people professional hair and makeup styling and studio portraits, which can then be mailed to family and friends for free.

"The reaction after (people receive their photo) is always amazing," said Nehemiah Arts Foundation founder Steph Leigh Limage. "They look beautiful. Sometimes people can forget how good they look."

The massive event, which will see a portion of Princess Avenue closed, also features live music, festive activities and a mobile clothing store at no charge.

More than 60 professional photographers and 14 hair and makeup artists will be donating their time.

Limage says the event helps forge a permanent bond between the volunteers and those living with difficult social and economic challenges.

Help-Portrait Vancouver runs from 10 a.m. to 6 p.m. on Saturday at 601 E. Hastings St.

Young. Cowboys

▶ Students at Seymour Elementary school in Vancouver wear homemade cowboy hats during a visit Thursday by the Calgary Grey Cup Committee.

SUBMITTED/VSB

Calgary fans bring hospitality to Grey Cup

The committee, a group of football enthusiasts from Calgary, is in Vancouver bringing their brand of Western hospitality to the 99th annual Grey Cup. The group has been around since 1948 and will be hosting a pancake and sausage breakfast at the Terry Fox Plaza between 11 a.m. and 1 p.m. on Friday and Saturday.

Cops seek man in a dress

A man last seen wearing a white dress with pink flowers on it is wanted by North Vancouver RCMP.

Investigators say the Caucasian male, approximately 30-years-old, is suspected of a sexual assault that happened in the Lonsdale area.

A female victim told police she was approached by the cross-dressing suspect around 2 a.m.

He told her his grandmother had just died and tried to hug the woman.

When she pulled away, the suspect allegedly grabbed her and forced a kiss on her cheek.

The victim broke free of his grasp and ran to the Harry Jerome Recreation Centre, where she called the police.

Police describe the suspect as a 5'9" male with light brown hair. He was wearing brown leather boots and had a coat over the dress. MATT KIELTYKA

Scooter collides with dump truck, 2 hospitalized

Two people have been taken to hospital after a scooter collided with a dump truck Thursday.

The collision occurred at the intersection of Granville and West 70th, the man is in hospital with a serious leg injury, while a female on a second scooter was reportedly uninjured, but was taken to hospital as a precaution.

KENDRA WONG

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PETER SPAVOR

These B.C. residents know – it can pay to say "yes" to the extra.

eXtra

TERRI THEODORE/THE CANADIAN PRESS

▶ Alaska lawyer and amateur sleuth Galen Cook compares the pictures of U.S. hijacker DB Cooper and his suspect William Gossett, who died in 2003. Cook is convinced the man stored the $200,000 in extorted cash in Vancouver banks after the 1971 hijacking.

His legend

- **Growing.** While the legend of DB Cooper continues to grow, the FBI isn't interesting in fuelling more talk about the case, including commenting on sleuth Galen Cook's suspicions.
- **Case.** FBI public affairs specialist Ayn Sandalo Dietrich said media coverage of the intriguing case seems to generate "considerable" new interest, which isn't proportional to the resources they have on the case.
- **Open.** "This is an open investigation, but it's not an active one," she said. "We, long ago, did all the necessary searches, collected all the evidence that needed to be collected and interviewed all the witnesses."
- **Curiosity.** Because the case is open, if credible tips come in to the FBI, they'll investigate, Dietrich said, adding she understands the curiosity around the case.

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Sleuth says DB Cooper's cash stashed in city

DB Cooper is known as the man who hijacked a plane in 1971, demanding $200,000 in extorted cash

The brazen hijacking of a commercial plane 40 years ago on Thursday is America's only unsolved hijacking, but one amateur sleuth is convinced a Canadian connection to the $200,000 in extorted cash will solve the puzzle.

The high-stakes heist was splashed across the front pages of the newspapers Galen Cook delivered as a boy and the Alaskan lawyer says the case never really left him, prompting him to follow a trail for years that he now believes leads to Vancouver.

Cook is convinced the outlaw stashed some of his cash in banks in the city in the days after the hijacker jumped out the rear stairs of a 727 jet with nothing but the money and two parachutes.

And the outlaw's son agrees with him.

It was the day before the American Thanksgiving, Nov. 24, 1971, when a man aboard a Northwest Orient Airlines flight from Portland, Ore., to Seattle, Wash., slipped a note to a flight attendant saying he had a bomb.

The 36 passengers were released when authorities in Seattle met the man's demands for $200,000 and four parachutes.

The plane was to then head towards Mexico City with a fuel stop in Reno, but about 45 minutes after leaving Seattle's airport, the pilots noticed an air pressure surge.

It's believed that's when DB Cooper lowered the stairs under the plane's tail and jumped out into a rainstorm.

"This is one of the most intriguing unsolved crimes ever," Cook said in an interview with The Canadian Press.

"I think the answers are in Vancouver."

Over the decades, Cook has narrowed his list of suspects down to one man; William Gossett, a U.S. military veteran, who died at the age of 73 in 2003. Gossett was a veteran of the Korean and Vietnam wars and had parachuting experience, Cook said.

THE CANADIAN PRESS

ANDY ROGERS/THE ASSOCIATED PRESS

▶ A small portion of the $200,000 given to D.B. Cooper, seen in this Nov. 14, 2007 file photo shot in the Seattle FBI office, is part of the body of evidence gathered in the investigation of his hijacking.

REID BLACKBURN/THE ASSOCIATED PRESS

▶ FBI agents scour the sand of a beach on the Columbia River in this Feb. 13, 1980 file photo, searching for additional money or clues in the D.B. Cooper skyjacking case, in Vancouver, Wash.

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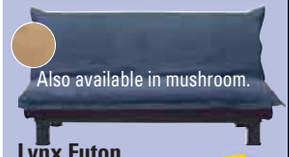

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News in brief

Minister Penner resigns as MLA

STEP DOWN. Former B.C. cabinet minister Barry Penner is resigning as an MLA to take a job with a Vancouver law firm. Penner stepped down as attorney general earlier this year to spend more time with his family, after also serving as environment minister and minister of aboriginal affairs. Penner has been MLA for the riding of Chilliwack-Hope for 15 years and says his career in government has been "awesome" but it's time to move on. THE CANADIAN PRESS

Police hope end to purse snatchings

ARREST. Vancouver police hope a series of purse snatchings in Southeast Vancouver will stop after a man was arrested Thursday in connection with the robberies. There have been five purse snatchings over four days and investigators are appealing for the victim in the most recent robbery to come forward and help with the investigation. KENDRA WONG

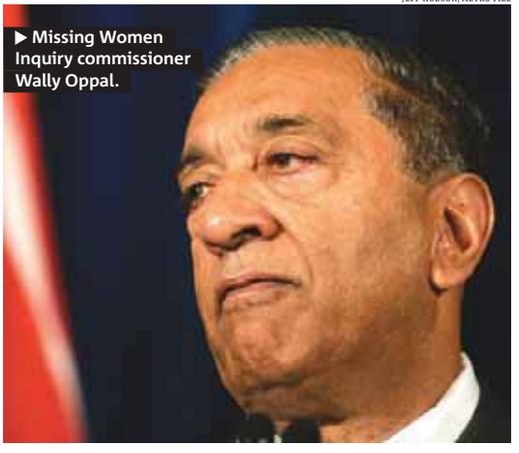
No job back for ferry captain

APPEAL DENIED. The captain of a BC Ferry that slammed into an island and sank with the loss of two lives in 2006 has lost an appeal to get his job back. Colin Henthorne was not on the bridge of the Queen of the North when junior officers became distracted and failed to make a course change, allowing the ship to run into Gil Island on the north B.C. coast. THE CANADIAN PRESS

At issue: Search warrant

High-profile Mountie says police could have searched pig farm years before killer Pickton's arrest

JEFF HODSON/METRO FILE



▶ Missing Women Inquiry commissioner Wally Oppal.

The RCMP say they are reviewing allegations that police could have obtained a search warrant for convicted serial killer Robert Pickton years before they arrested the pig farmer.

The allegations come from a high-profile RCMP officer who recently said publicly that she spent years being treated as a potential sexual plaything by some supervisors.

Cpl. Catherine Galliford, who was the spokeswoman on the Air India and Pickton investigations, said she has read a 1999 Coquitlam RCMP file and knows there was enough information in that file to obtain a search warrant for Pickton.

"The RCMP has received a statement from Cpl. Galliford," said RCMP Sgt. Peter Thiessen in a statement to media. "The statement contains a number of allegations of member misconduct that are of serious concern to the RCMP."

"It would be inappropriate for us to comment on anything relating to the ongoing Missing Women Commission of Inquiry," he said. THE CANADIAN PRESS

Case history

- Police arrested Robert Pickton Feb. 5, 2002, eventually finding the DNA of 33 women on his farm.
- A jury convicted Pickton of second-degree murder in 1997 for the deaths of six women, although he claimed to have killed as many as 49.
- Another 20 murder charges against Pickton were not proceeded with after the Supreme Court of Canada rejected his appeal of killings he was convicted of.
- The inquiry heard evidence Thursday from Vancouver Deputy Chief Doug LePard.
- Jennifer Evans, deputy chief of Ontario's Peel Regional Police, concluded in a report that the Pickton investigation in the late 1990s stalled because of massive leadership failure by Vancouver police.

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USA Airfares

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Phoenix	from $298 + taxes & fees $105
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Miami	from $399 + taxes & fees $128
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Ski Vacations

Whistler
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INCLUDES accom just off the Whistler Village pedestrian walkway and 2-day lift pass.

Big White 3 Nights + Lift Pass from $444 taxes & fees included
INCLUDES ski-in/ski-out accom and 2-day lift pass.

Lake Tahoe
Air + 3 Nights 4-Star + Lift Pass from $679 + taxes & fees $120
INCLUDES roundtrip airfare to San Francisco, South Lake Tahoe accom, 3-day car rental with unlimited mileage and 2-day lift pass.

Cruise & Stays

San Francisco
Air + 2 Nights + 2-Night Cruise
from **$599**
+ taxes & fees $109

INCLUDES 2 nights historic accom with breakfast only 3 blocks from Union Square and 2-night Pacific Coastal cruise sailing from San Francisco to Vancouver. **UPGRADE** to oceanview stateroom and 4-star Fisherman's Wharf accom from $32 per night.

Las Vegas
Air + 2 Nights + 4-Night Cruise from $679 + taxes & fees $174
INCLUDES all airfare, 2 nights accom on the Las Vegas Strip and 4-night cruise sailing roundtrip Long Beach visiting Catalina and Ensenada. **UPGRADE** to oceanview stateroom and 4-star accom from $29 per night.

Family Vacations

Anaheim Air + 4 Nights from $224◊ + taxes & fees $121
INCLUDES accom near theme parks. Price per person based on family of 4. **ADD** 3-day *Disneyland Resort Park Hopper* Bonus Ticket from $192/adult, $170/child (ages 3-9).

Orlando Air + 7 Nights from $449◊ + taxes & fees $128
INCLUDES accom near major attractions. Price per person based on family of 4. **UPGRADE** to 4-star accom from $20 per night. **ADD** 5-day Walt Disney World Resort *Magic Your Way* Base Ticket from $282/adult, $261/child (ages 3-9).

Maui Air + 7 Nights from $624◊ + taxes & fees $139
INCLUDES Lahaina 1-bedroom condo style accom. Price per person based on family of 4. **ADD** Haleakala, central Maui and Iao Valley tour from $116/adult, $70/child (ages 3-11).

All-inclusive Vacations

Los Cabos
7 Nights 4-Star
from **$408**
+ taxes & fees $331

Manzanillo 7 Nights 4-Star from $361 + taxes & fees $331
UPGRADE to 4.5-star accom from $17 per night.

Puerto Vallarta
7 Nights 4-Star from $397 + taxes & fees $331
UPGRADE to 4.5-star accom from $15 per night.

Huatulco 7 Nights 4.5-Star from $555 + taxes & fees $330

Mazatlán 7 Nights 5-Star from $565 + taxes & fees $330

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Puerto Plata 7 Nights 4-Star from $697 + taxes & fees $176

Varadero 7 Nights 4-Star from $705 + taxes & fees $276

Seasonal Vacations

Big White
Christmas Family Special, 4 Nights
from **$279**◊
taxes & fees included

INCLUDES accom at a ski-in/ski-out location in the heart of the village centre. Price per person based on family of 4. **ADD** 1-day lift pass from $78.

Sun Peaks
New Year's Eve, 3 Nights from $329 taxes & fees included
INCLUDES accom at a ski-in/ski-out location in the heart of the village. **ADD** 1-day lift pass from $89.

Anaheim Christmas Family Special
Air + 5 Nights from $354◊ + taxes & fees $129
INCLUDES accom near theme parks for the holidays. Price per person based on family of 4. **ADD** 3-day *Disneyland Resort Park Hopper* Bonus Ticket from $192/adult, $170/child (ages 3-9).

Palm Springs Christmas
Air + 7 Nights from $639 + taxes & fees $159
INCLUDES downtown accom near Palm Canyon Drive and championship golf.

Las Vegas New Year's Eve
Air + 3 Nights from $699* + taxes & fees $55
INCLUDES airfare from Bellingham and accom on the Strip over New Year's Eve.

USA

Las Vegas Air + 3 Nights
from **$199***
+ taxes & fees $40

INCLUDES airfare from Bellingham and accom on the Strip. **UPGRADE** to 4-star accom from $14 per night.

San Francisco Air + 3 Nights from $464 + taxes & fees $106
INCLUDES Fisherman's Wharf accom near Pier 39, Alcatraz, Ghirardelli Square and the San Francisco cable cars. **UPGRADE** to 4-star accom from $28 per night. **ADD** wine tour from $70.

Honolulu Air + 7 Nights from $639 + taxes & fees $150
INCLUDES central accom near Waikiki Beach. **UPGRADE** to 4-star accom from $5 per night. **ADD** Grand Circle Island tour from $88.

Miami Air + 7 Nights from $764 + taxes & fees $116
INCLUDES resort-style accom along Miami Beach. **ADD** day trip to Key West from $105.

New York
Air + 3 Nights 4-Star from $1014 + taxes & fees $128
INCLUDES luxury accom in Manhattan's fashionable East Side, close to Times Square, Central Park and Grand Central Station.

Vacations

Rio de Janeiro
Carnival, Air + 8 Nights
from **$1614**
+ taxes & fees $454

INCLUDES central accom with breakfast during Rio's Carnival celebrations. **ADD** Sugar Loaf Mountain tour from $111.

London Christmas Markets
Air + 8 Nights from $689 + taxes & fees $511
INCLUDES central accom near Russell Square tube station during the Christmas Markets season. **ADD** hop-on, hop-off tour from $43.

Phuket Long Stay
Air + 21 Nights from $1649 + taxes & fees $291
INCLUDES resort-style accom overlooking Laguna Phuket. **BONUS** buffet breakfast and internet included.

Australia Air + 9 Nights from $1899 + taxes & fees $692
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Part with a cuddly friend for Haiti

Teddy Bears of Hope organization hopes to collect toys for children in the earthquake-ravaged country

TERESA KRUZE
VANCOUVER@METRONEWS.CA

Do you or your child have a favourite teddy bear that has brought you unconditional love and comfort?

Sylvia Stark and her Teddy Bears of Hope project will be setting up at Marks Work Warehouse (Grandview Highway location) on Saturday to collect gently used but greatly loved teddy bears for the children of Haiti who are still dealing with the devastating effects of the earthquake.

"There are hundreds of thousands of people still living in camps, and we want to fill that emotional void for children that have lost everything," said Stark, who began her charitable odyssey in 2004 after the devastating tsunami hit Thailand and Sri Lanka.

She asked Canadian children to donate their used teddy bears and ended up getting 34,000 bears for Thailand and 20,000 for Sri Lanka.

"There was a little girl in Calgary that came up to me and handed me a seal," Stark said.

"When she gave it to me she cried, but she knew that another little girl needed it. I put the seal in my suitcase and when I went to an orphanage in Thailand, I found a little girl to give it to. She grabbed the seal with both of her arms and kissed it on the head."

It was then Stark realized that her work and the generosity of Canadians had truly made a difference.

Beauties and bears

- Teddy Bears of Hope for Haiti takes place on Saturday from 11 a.m.-11 p.m. at Mark's Work Warehouse, Grandview Highway location (2820 Bentall St).
- Four Miss Canada winners will be there to sign autographs.
- The organization was founded in 2005.
- 222,000 Canadian teddy bears have been sent to children in Africa, Afghanistan, Cambodia, Guatamala, Dominican Republic, India, Thailand and Sri Lanka.

CONTRIBUTED

▶ From left: Miss Canada 2011 Anna Dell, Miss Canada 2010 Bridget Nickerson, founder Sylvia Stark, Miss Canada 2009 Catherine Thomas, Miss Canada 2003 Lorenza Samerelli.

Can you help? On Saturday, please bring a used teddy bear with a message for a child in Haiti. Tell them its name and why it's special. Then place it in a bag with a toonie (to help pay for its transport) and attach it to the bear's arm.

Sylvia says, "You can truly make a difference one teddy bear at a time."

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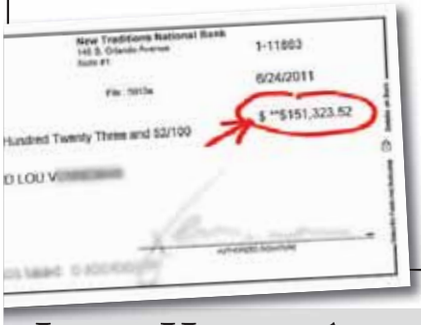

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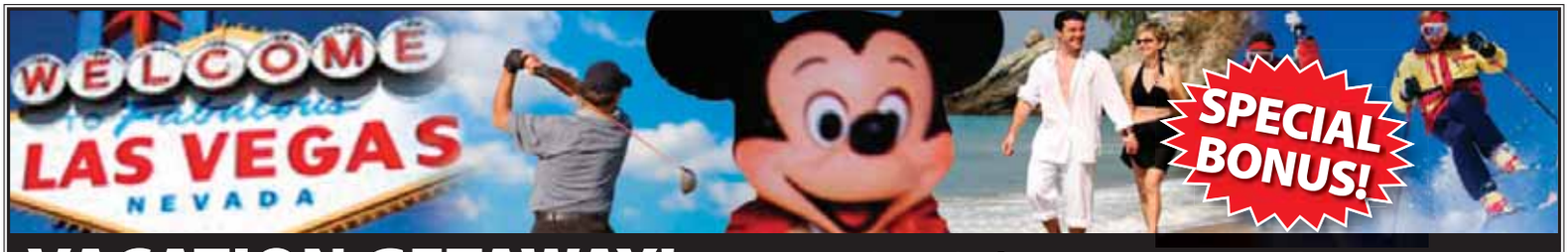

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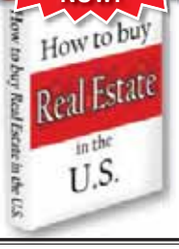

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Russian fired for Obama TV gaffe

Award-winning newsreader caught on camera giving U.S. president the finger Blames peers for mistake

YOUTUBE.COM

YouTube screen grab of Tatyana Limanova's infamous newscast.

We're sure there are plenty of ways to get fired when you're working in Russian media, but we wouldn't have speculated that flipping the bird at a sitting U.S. president would do the trick.

But then along came Tatyana Limanova, an award-winning (former) newscaster for Russia's REN TV, who offered the rude salute to President Barack Obama during a broadcast that aired to 120 million people earlier this month.

After the video went viral following a report in a the London Daily Telegraph, the station announced that Limanova had been fired.

Network sources told the Telegraph that Limanova thought she was off camera and just doing voiceover work when she offered the one-finger salute to studio technicians who were teasing her. METRO

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LEHTIKUVA, JANNE KOSKENNIEM/THE ASSOCIATED PRESS

▶ The snowless competition slope is seen in Levi, Finland, prior to the World Cup Alpine skiing races being moved to Austria because of the lack of snow.

Scandinavia's winter woes

Northern countries dealing with an unusually warm autumn
In Sweden, the temperature for November measured 7 C above average

For some reason, Scandinavia is not its frigid self, with unusually warm weather delaying the onset of winter in northern latitudes normally decked in white.

The lack of snow has been bad news for winter sports — World Cup ski races have been dropped, or held on artificial snow, and mountain ski resorts are unable to open.

There are even reports of bird song and blooming gardens in some places typically entering the winter freeze at this time of year.

"Some flowers, like roses, have actually begun to blossom for a second time," said Mats Rosenberg, a biologist in Orebro, south-central Sweden.

Weather experts say this fall is on track to become one of the warmest on record in the northern part of Scandinavia, where the start of winter has been delayed by more than a month in certain locations.

Earlier this month, World Cup Alpine skiing races were moved from Levi, Finland, to Austria because of the lack of snow.

Cross-country World Cup races in Norway last weekend had to be moved from barren ground in Beitostoelen to Sjusjoen, where at least it was cold enough for artificial snow to stick.

Ski lifts remain idle in Are, Sweden's biggest ski resort, which normally opens in the first half of November.

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Spidey. Takes Times Sq.

▶ A giant Spider-Man balloon thrills the Times Square crowds on Thursday. Two other balloons that were also hits: Snoopy and a jetpack-wearing monkey.

ANDREW BURTON/THE ASSOCIATED PRESS

The web slinger wows 'em

Macy's Thanksgiving Day Parade made its annual appearance through the streets of New York on Thursday — for the 85th year. It featured more than 40 balloon creations, 27 floats, 800 clowns and 1,600 cheerleaders.

Massacre survivor backs gun registry

My heart is heavy, she tells Commons committee

ADRIAN WYLD/THE CANADIAN PRESS

▶ Nathalie Provost speaks about gun control at an Ottawa news conference on Thursday.

The Conservative government is ignoring evidence and common sense in dismantling the long-gun registry, says a survivor of the 1989 Montreal massacre.

Nathalie Provost, an engineer who was shot at the Ecole Polytechnique nearly 22 years ago, told the Commons public safety committee Thursday she's watching with a "heavy heart" as the Tories scrap the registry.

Provost said: "It is with a heavy heart that I am witnessing the legislative process that is leading to the dismantling of one of the few positive outcomes of this tragedy: the law that helps save hundreds and hundreds of lives."

The bill before Parliament will not only spell the registry's demise, but "critically weaken" the firearms licensing system that determines who can own a gun, said Heidi Rathjen — like Provost a graduate of Ecole Polytechnique and one of the gun-control advocates who supported creation of the registry in the 1990s.

"Long guns are dangerous. And this I know."
NATHALIE PROVOST, MONTREAL MASSACRE SURVIVOR

The legislation would eliminate the need for a fresh registration certificate to be issued when a non-restricted gun is transferred to a new party, thereby scratching a requirement to tell the federal registrar of firearms.

The person selling or transferring the gun would simply have to believe that the new owner has a valid firearms licence.

"Technically they don't even have to ask to see a licence," Rathjen told the committee.

"It could be a revoked licence, a counterfeit licence or even a shabby but slightly official-looking plasticized card that could be produced in any copy shop," she said.

"It's a huge loophole that you could drive a freight train through."

THE CANADIAN PRESS

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Bloodletting continues in Mexico

26 bodies dumped in the heart of Guadalajara
Drug cartels leave threatening notes to sow fear

The bound and gagged bodies of 26 men were found dumped before dawn Thursday in the heart of the picturesque city of Guadalajara, a sign that full-scale war between drug cartels may have come to the metropolis that hosted last month's Pan American Games..

Law-enforcement officials said the men were found, shot execution-style, in two vans and a pickup truck abandoned near the Millennium Arches, one of the most recognizable landmarks in Mexico's second-largest city.

Best known as the home of mariachi music and tequila, Guadalajara also sits on the main highway running through western Mexico from the methamphetamine-producing state of Michoacan north toward the Pacific Coast state of Sinaloa.

In recent months, security officials and analysts have worried that the city could become a target for the Zetas drug cartel, which has been using paramilitary-style tactics and headline-grabbing atrocities in a national push to grab territory from older organized crime groups.

"These acts of barbarism show how the war between cartels, and crime, is getting more brutal," Guadalajara's mayor, Jorge Aristoteles Sandoval, told reporters.

A message was found with the bodies in one of the vehicles, said Luis Carlos Najera, public-security secretary for the state of Jalisco.

"It's sad to see what's going on," taxi driver Jesus Amado said. "We used to be looking at the problem from afar. Now we're not — we've got it right here."

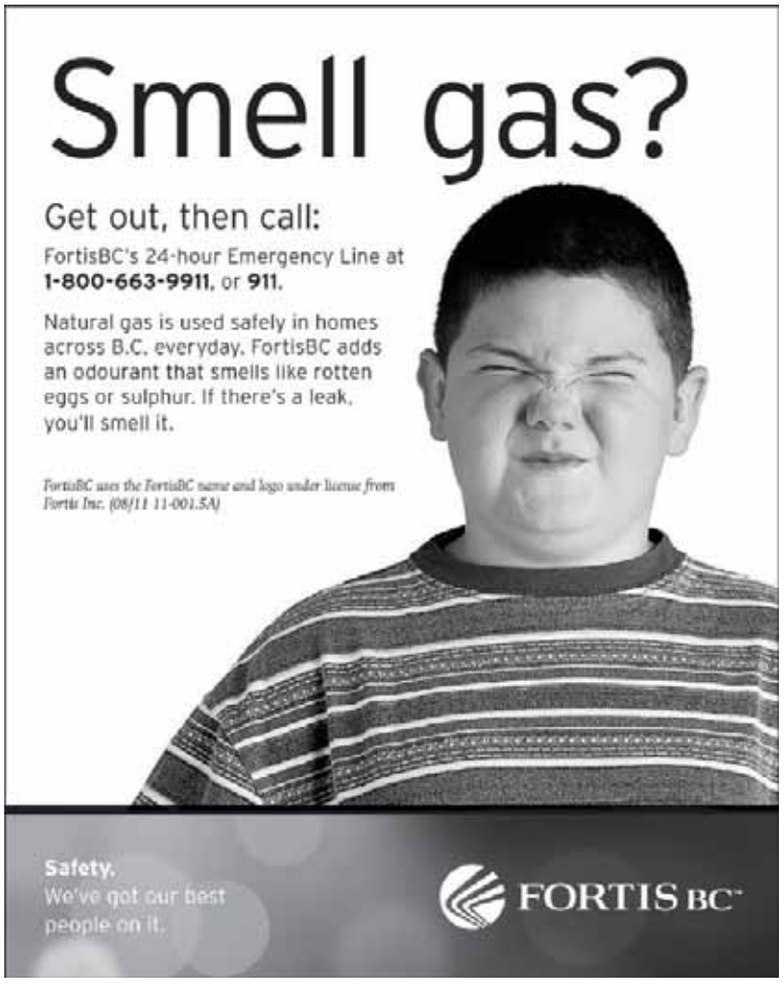
THE ASSOCIATED PRESS

Street battles

- Crime in this colonial city of some 1.5 million people was historically dominated by the powerful Sinaloa cartel, but the group's tight grip was shattered by the death of its regional commander, Ignacio "Nacho" Coronel, in a shootout with federal police in July 2010.
- Guadalajara's murder rate then soared as factions of the cartel known as the New Generation and the Resistance battled to control Coronel's territory and assets. Street battles have left hundreds dead.

VICTOR FERNANDEZ/THE ASSOCIATED PRESS

▶ A soldier patrols as a vehicle that was discovered carrying bodies inside is taken away in Guadalajara, Mexico, on Thursday.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EGYPTIAN TV/THE ASSOCIATED PRESS

▶ Three American students are pictured on Egyptian state television after their arrest during protests in Cairo.

U.S. students freed

Trio arrested at Tahrir Square during protests
Accused of throwing firebombs at security forces

A court in Egypt has ordered the release of three American students arrested during a protest in Cairo, a lawyer in Philadelphia confirmed Thursday.

Derrik Sweeney, 19, Luke Gates, 21, and Gregory Porter, 19, who attend the American University in Cairo, were arrested on the roof of a university building near Cairo's iconic Tahrir Square on Sunday.

Officials accused them of throwing firebombs at security forces.

Attorney Theodore Simon, who represents Porter, said his client remained in custody at a police station. "He was extremely thankful and appreciative for our efforts and the unconditional support of his mother and father," Simon said.

Earlier Thursday, Egypt officials said the Abdeen Court in Cairo had ordered their release. They spoke on condition of anonymity because they are not authorized to speak to the media. They did not say when the students would be released.

THE ASSOCIATED PRESS

SERGEI GRITS/THE ASSOCIATED PRESS

▶ Ales Belyatsky waves to his relatives as he sits in a cage during a court session in Minsk, Belarus, on Thursday.

Rights activist jailed in Belarus

Ales Belyatsky's conviction for tax evasion called 'politically motivated'

Belarus' leading human rights activist was convicted of tax evasion and sentenced to four and a half years in prison on Thursday at a trial condemned by U.S. and European Union officials as politically motivated.

Ales Belyatsky, 49, heads Vesna, the ex-Soviet nation's most prominent rights group, which actively reported on alleged irregularities in last December's presidential election and the ensuing police crackdown on protests.

Belyatsky was charged with tax evasion after Polish and Lithuanian authorities provided data about his accounts in those countries. Vesna said Belyatsky had to use the accounts to get cash from donors because Belarusian law left him no other option to receive funds needed to help victims of political repression. **THE ASSOCIATED PRESS**

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New. Charges

▶ Serbia's folk music queen Svetlana Raznatovic, better known as Ceca, arrives in the court building in Belgrade on Thursday.

DARKO VOJINOVIC/THE ASSOCIATED PRESS

Ceca singing the blues

Svetlana Raznatovic and another person are accused of insulting and beating up the manager of a soccer club. The folk singer is already serving eight months under house arrest as part of a plea bargain for pleading guilty in an illegal sale of soccer players from her late husband's soccer club. The plea deal from May also envisaged that she pay a fine of 1.5 million euros ($2 million US) for embezzling millions gained from the players' transfer.

Shafia girl wanted to run away, teacher tells court

A court in eastern Ontario is hearing that a 13-year-old girl allegedly killed by her Montreal family became "furious" when a teacher said it wasn't a good idea for her to run away from home with her 17-year-old sister.

Court has heard that Geeti Shafia repeatedly asked teachers and child protection authorities to remove her from the family home, where she and her sisters complained of verbal, emotional and physical abuse.

Geeti and her sisters, 17-year-old Sahar and 19-year-old Zainab, as well as their father's first wife in a polygamous marriage were found dead on June 30, 2009, in a car submerged at the bottom of a canal in Kingston.

The girls' parents and their now-20-year-old brother are on trial for four counts of first-degree murder. **THE CANADIAN PRESS**

Libya. They did Canada proud

▶ A "thank-you" salute: Gov. Gen. David Johnston inspects Canadian troops on Parliament Hill Thursday during a ceremony to honour those who took part in the Libya campaign.

FRED CHARTRAND/THE CANADIAN PRESS

Ottawa tells troops: Well done!

Prime Minister Stephen Harper and Gov. Gen. David Johnston paid warm tribute to the military Thursday for its work in the Libyan campaign. The formal Parliament Hill ceremony recognized the efforts of the men and women who took part in the NATO campaign that helped force Moammar Gadhafi from power. Canadian warplanes flew hundreds of missions over Libya in the spring and summer, while warships patrolled offshore.

Myanmar eases up and allows protests

Law changes after decades of military repression

Myanmar's parliament has approved a new law guaranteeing the right to protest.

The law is significant because the right to protest had not previously existed in Myanmar, Thein Nyunt of the opposition New National Democracy Party said Thursday.

President Thein Sein has pushed forward reforms after Myanmar experienced decades of repression under military regimes.

The government that took office in March is still dominated by a military-proxy political party, but changes have been made in areas such as media, Internet and political participation.

The protest law says would-be participants must seek permission five days before the event.

Protests are prohibited at factories, hospitals and government offices.

THE ASSOCIATED PRESS

Egypt's rulers say they won't go

THE ASSOCIATED PRESS

▶ Protesters near Tahrir Square on Thursday.

Egypt's military rulers have rejected protesters' demands for them to step down immediately.

They said Thursday they will start the first round of parliamentary elections on time next week despite serious unrest in Cairo and other cities.

The generals appear to be on much the same path that doomed Hosni Mubarak nine months ago — responding to the current crisis by delivering speeches seen as arrogant and using brutal force.

Protesters in Cairo's Tahrir Square say they will not leave the iconic plaza until the generals step down in favour of a civilian presidential council.

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Web to get deeper, more interactive

One Millionth Tower called tip of iceberg in a big creative explosion

Today's World Wide Web is Flat Stanley, while its soon-to-arrive successor is more like Avatar in Imax 3-D.

Thanks to pioneering work being done in Toronto, our daily online experiences are on the verge of becoming a lot deeper and more interactive.

The new web is not a flat surface to surf over, but an immersive place, like a game, where people will navigate through a rich mix of video, photos, text and live data.

"This is like 1947 with television," says National Film Board producer Gerry Flahive says of the pivotal change.

Three weeks ago, the NFB released a taste of the riches to come, in the world's first immersive documentary, One Millionth Tower.

"It's a new box, new playground and a new language," says Flahive. "I'm excited by how it's expanding storytelling."

"This is the montage moment," says David Surman, executive director of the Toronto-based Mozilla Foundation, of Firefox web browser fame. "People have been talking about interactive video for 20 years, and this gives them the tools."

TORSTAR NEWS SERVICE

Open code

- The open programming code behind the documentary is the same one that is about to change the web as we know it.
- The fifth generation of hypertext markup language (HTML5) allows software developers to embed video and live data (from the Weather Network, to Facebook and Twitter) without resorting to expensive and time-consuming plug-ins.
- HTML5 is known as open code, meaning that anyone, anywhere — basement hackers and professional programmers — can play with it and create new applications.

Lottery. Winners

▶ Don and Linda Ingram display their $50-million lottery cheque on Thursday in Toronto.

COLIN PERKEL/THE CANADIAN PRESS

50 million reasons to smile

Don, 53, and Linda, 59, of Oshawa, Ont., say they will now retire from work as restaurant cooks, buy a "comfy" home and help their two grown children.

Ads put baby in bed with cleaver

The poster images are meant to shock: a diapered, cherubic baby sleeping on his stomach in an adult bed, a butcher knife next to him. In another, a rosy-skinned infant lightly fingers the handle of a cleaver.

"Your baby sleeping with you can be just as dangerous," reads the doom-saying tagline.

The posters were unveiled in early November by Milwaukee's health department as part of a campaign to lower the city's infant mortality rate — currently 10.4 deaths for every 1,000 live births — by 2017.

The campaign tackles bed-sharing, a nurturing practice in which babies share a bed with their parents, suggesting that Sudden Infant Death Syndrome (SIDS) can occur if an infant becomes trapped underneath an adult, between the mattress and a wall or smothered in sheets or pillows.

HANDOUT

▶ The shock ad campaign.

A common cause of death stemming from bed-sharing is asphyxia, or oxygen deficiency, according to Toronto Public Health.

But parents and breast-feeding advocates say the sensationalized ad campaign overstates the risks considerably.

A 2010 study by UNICEF's Baby Friendly Initiative found that "the prevalence of breastfeeding was significantly higher among groups that shared beds constantly or early for each of the first 15 months after birth.

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Canada's asbestos production halted

Canada's once-mighty asbestos sector has ground to a halt for the first time in 130 years, as production of the controversial fibre has stalled in both of the country's mines.

A shutdown this month marked a historic milestone for the Canadian asbestos industry, which at one time dominated world production and led to the construction of entire towns in Canada.

Proponents of the industry insist it's far too early to write the obituary on Canadian asbestos; they're hoping to start digging again as soon as the spring.

But for now, amid all the noisy political debates and a dramatic anti-asbestos news conference Thursday on Parliament Hill, Canadian production has quietly and suddenly stopped.

Work halted earlier this month at the Lac d'amiante du Canada operation in Thetford Mines, Que., which followed a production stoppage at Jeffrey Mine in Asbestos, about 90 kilometres away.

JACQUES BOISSINOT/THE CANADIAN PRESS

▶ The Jeffrey asbestos mine is shown in Asbestos, Que., on Oct. 7.

The future of both mines is unclear.

Jeffrey Mine needs a bank-loan guarantee from the Quebec government before it can start digging a new underground mine. Lac d'amiante du Canada is apparently facing operational obstacles in accessing its mineral.

The production shutdown is the latest dip for an industry that has long been a shadow of its former self.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar
- 86.39 (11,485.32)	+ 0.15¢ (95.52¢ US)

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THE KID IS BACK & DOGS CAN WALK IN THE PARK

THE METRO LIST

NEIL MORTON
METRO

1 Sidney Crosby. It was a day some thought might never come. Canada's Sid the Kid, out since early January with post-concussion syndrome, returned to the ice Monday night for his Penguins at home — with even CBC choosing to do a special broadcast. He was simply amazing, scoring two goals and two assists in a 5-0 storybook win over the Islanders. Yes, the best player in the world isn't just back — he's better than ever.

2 Feds and social media. Ottawa has rolled out formal guidelines for how their departments should use Twitter and Facebook, recognizing that "Web 2.0 is increasingly becoming a primary channel for sending, receiving and generating information." The guidelines also say public servants should be aware of the risks of operating in social media circles. In other words, look for tweets of political correctness.

3 Occupy camps. Occupy protest camps in Vancouver, Ottawa and Toronto were dismantled this week after eviction notices went out. The message(s) had been delivered, and the time had come for them to come down. The Toronto camp at St. James Park had taken on a life of its own: As Coun. Giorgio Mammoliti said, "We have Robin Hoods and makeshift Jesuses walking around, pretending that the park is theirs." Now it'll be Dog Park again.

4 Password. Hackers love those who choose "password" as their online password. And there are lots of you, according to Internet security firm SplashData, which released the top password name rankings based on millions of stolen passwords. The Top 5: 1. password 2. 123456 3. 12345678 4. qwerty 5. abc123. And you'd better be more creative than going with "monkey," you monkeys. That's No. 6 on the list.

5 Fox News. According to a new study, there is "something about watching Fox News that leads people to do worse on (news) questions than those who don't watch any news at all." The most informed respondents: People who listen to NPR, those who watch Sunday morning news programs and — best of all — viewers of The Daily Show with Jon Stewart.

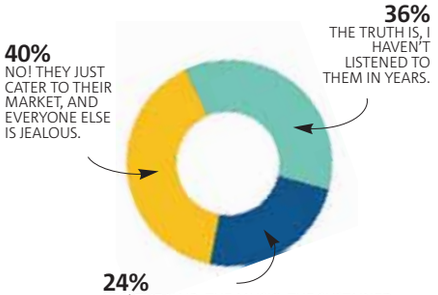
6 ABA. With the NBA season a virtual wipeout due to the lockout, maybe the American Basketball Association will catch on. The calibre of play may not be up to NBA standards, but teams like the Los Angeles SLAM and Gulf Coast Flash could become household names if national TV chooses to broadcast some games. The legendary Dr. J got his start in the original ABA. There could be another legend waiting in the wings.

7 Watch your gadgets. A new poll by polling/social media company Poll Position found that more than 60 per cent of us spend between one to six hours a day watching electronic devices like TV, computer screen, e-reader, PDA or cellphone. So what the heck is the other 40 per cent doing?

Follow Neil Morton on Twitter (@neilmorton).

Register at metropolitanpanel.ca and take the quick poll

Are Nickelback critics justified?


36%
THE TRUTH IS, I HAVEN'T LISTENED TO THEM IN YEARS.
40%
NO! THEY JUST CATER TO THEIR MARKET, AND EVERYONE ELSE IS JEALOUS.
24%
YES! THE HAIR, THE MUSIC, THE SUSTAINED ATTENTION — IT'S ALL A BIT MUCH.

Local tweets

- **@JayOnrait:** Remember when @tsnotoole went streaking at the 1988 Grey Cup? So many children cried that day. yfrog.com/ocga4xj
- **@LucyLMC:** Okay world, Who's coming to Vancouver for #GreyCup ?!?! The CFL cheer teams all arrive today from across the country ;-) #99GC #BCLions
- **@MalditangKarel:** This year we lost our chance to win the StanleyCup. On Sunday, bigger chance to get the GreyCup. #therepeat #GoBCLionsGo
- **@BryanMcFarlane:** who else is excited for #GreyCup weekend??
- **@lassiedancer:** Who's the parade marshal for the 99th #greycup parade? @CoryMonteith, that's who! #Lions
- **@AliMRealEstate:** Not feeling the weather in #Vancouver today!!!!! ---- Hoping for a Sunny Weekend!! #GREYCUP!!!
- **@DJBALL604:** BC Place Concourse Beer & Food Vendors ecstatic that #Nickelback is playing the half time show sending 60,000 customers sunday #greycup

Daily Zoom

Lemurs give thanks

GETTY IMAGES

Lemurs enjoy Thanksgiving

CALIFORNIA. On this day, furry critters are thankful — even if they put their tails in their plates. Some ring-tailed lemurs had a feast at the Thanksgiving dinner at San Francisco Zoo. Fifteen grey lemurs tucked into a feast of green beans, fruit, sweet potatoes and a turkey made out of monkey chow. METRO WORLD NEWS

Polite males or bossy females?

BEHAVIOUR. The core group consists of females and their young. When the troop moves between feeding sites, this group settles into the best feeding spot and eats first. The males wait for them to finish or feed in a less desired tree nearby. It's women and children first, too, for often hard-to-find water that gathers in trees. MWN

50%

of the lemur diet consists of fruit from the tamarind tree, consumed mostly during the dry winter season. Lemurs have been observed eating decayed wood, earth, spider webs, insect cocoons, spiders, caterpillars, small birds and chameleons.

Lemur facts

- **Treasured lemur treats:** grapes, raisins and almonds.
- **1/3 of the at least 70 lemur species are endangered.**
- **Endemic to Madagsacar.** Nowhere else are they found in the wild.

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Your holiday mission

To get Call of Duty: Modern Warfare 3 as a gift, as well as other popular games like The Elder Scrolls V: Skyrim

KAREN FALCON FOR METRO

Don't know what to buy for that gamer on your list? Not to worry, we have played a bunch of the hottest stuff (ESRB M) and narrowed it down to the best holiday offerings. This stuff is so good you might just want to keep it for yourself.

Call of Duty: Modern Warfare 3

360, PS3, MS Windows, Wii

It's a record-busting, first-person shooter that features no slowdowns, stunning graphics, 16 massive new maps, survival mode, special ops and online multiplayer, too. The campaign is once again a solid and frantic affair that meets all your expectations. Once you are done with that, it's time to hop online. Online play is where this game shines so brightly it makes your eyes water. It's just awesome. Rock solid gameplay combined with new modes, a great levelling system, and well-earned unlockables, online multiplayer is the thing that will keep you coming back for more. And more. And more.

The Elder Scrolls V: Skyrim

360, PS3, MS Windows

Words cannot describe the magnitude of Skyrim. It's epic. It's awesomely interactive and it's perfect. Perhaps the best RPG to date, this is a vast, non-linear, open-ended game with a brilliant character-levelling system in which what you choose to do makes all the difference. You can choose to be a thief, skulking around in the shadows, or you can choose to be a warrior, an elf, or a berserker. Choices are almost limitless — for everything. It's mind-blowing. Chances are if you gift this (and you should), you won't see your friend for a year — they will be too busy wandering around Skyrim hunting for stuff to mix potions and craft weapons. You should give them a year's supply of frozen pizzas to go with. They'll need 'em.

Uncharted 3: Drake's Deception

PS3

Exclusive to the PS3 and just in time for the holiday season, Uncharted 3 has launched to universally stupendous critical reviews. Why such good reviews? Because this game is quite possibly the slickest, best looking, most immersive single-player platformer to hit the market in more than three years. It's visually stunning and has the most outstanding dialogue and cut scenes we have seen in recent history. This game is a complete package of perfection. It's a climbing, jumping, shooting and puzzle-solving masterpiece. Oh, and did we mention the multiplayer? Yep, there's that, too. Your friends and family need this game. A lot.

Metro's video game reviewer says The Elder Scrolls V: Skyrim is the best RPG to date. It's a vast, non-linear, open-ended game with a brilliant character-levelling system in which what you choose to do makes all the difference.

Xbox Gifts

We played our fingers off and found you the very best of the 360 exclusives. If they have an Xbox, we have you covered.

Gears of War 3

ESRB M

Everything is better in Gears 3. Everything. Four-player co-op, new multiplayer modes, bajillions of unlockables, retro-lancers, stuff that blows up, and perfect controls make this a top pick for the holiday season. Saving the world on insane is pretty impressive, but the Live is even more impressive. They will play this until their hands go numb — and that's a good thing.

Forza Motorsport 4

ESRB E

What do bowling and driving have in common? Forza 4. Racing and non-racing fans worldwide are rejoicing at this new instalment. And they should. The addition of Top Gear content is a stroke of genius. Then there are new cars and tracks, AI that responds to your level of difficulty, driving through traffic, and bowling with your car. If you add all that up, it's the best racing simulator ever.

Kinect Dance Central 2

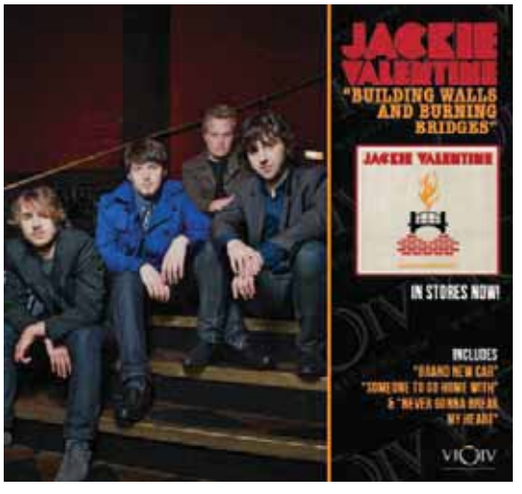
ESRB Teen

Your teens will be moving and grooving all over the living room floor. With more than 40 new hits and routines, voice controls, dance battles, and an onscreen personal trainer, don't forget to remind the kids to take breaks so they don't wear out the carpet too fast.

Kinect Sesame Street — Once Upon A Monster

ESRB E/4+

It's like playing a Sesame Street storybook — only better. It will get your little ones moving, solving problems, and learning — all at the same time. Six chapters, engaging mini-games, simple mechanics and their favourite furry Muppets makes this game a riveting experience.



METRO CUSTOM PUBLISHING PRESENTED BY SCOTIABANK

WAYS TO GIVE BACK THIS SEASON

'TIS THE SEASON TO GIVE AND RECEIVE

which is why everyone's debit and credit cards promise to get a great workout over the next few weeks. For credit card holders, there are some good options available for getting something back for their purchases. For example, the Scotia Momentum suite of cash-back cards provides a solution for a number of different lifestyle stages. To help decide which product is right for you, try the Momentum Cash Back Calculator at scotiabank.com/momentumcash back. Scotiabank sends cash payouts to its customers in November — the ideal time to use funds for Christmas shopping or to help those in need.

If you want to pay some goodwill forward but you're finding your budget stretched to the limit, here are some affordable ways to make a difference in and around your community.

HEMERA/THINKSTOCK

DONATE TO A FOOD BANK Canned fruit or meat, a package of pasta, a jar of baby food, every little bit counts. Find a food bank near you at foodbankscanada.ca.

VOLUNTEER AT A SOUP KITCHEN Donate your time to help serve up food and wash dishes at a local soup/food kitchen.

SUPPORT A WOMEN'S SHELTER Collect donations of toiletries, clothes and small toys for a battered women's shelter.

HELP OUT A NEIGHBOUR When you pull out your snow blower or snow shovel after the next dusting of white stuff, take a few extra minutes to clear your neighbour's walkway.

ORGANIZE A TOY DRIVE Bring a smile to a child's face at Christmas by setting up a toy mountain at work, at your church or community centre.

SERENADE A SENIOR Get a group of people together and go carolling at a senior residence.

These are just a few suggestions. The opportunity to do some good in your community is limitless. You can explore more options at a local church, the Salvation Army or by searching online.

ISTOCKPHOTO/THINKSTOCK

CHRISTMAS COUNTDOWN... ARE YOU READY?

You don't have to be Martha Stewart to plan the perfect Christmas. All it takes is a little planning.

MAKE YOUR GIFT-GIVING LIST Jot down names and gift ideas for family and friends. Tip: Be prepared for unexpected gifts; add some extra items to your list (e.g. candles, chocolates and wine).

DECK THE HALLS Pull out your strings of Christmas lights and make sure they're still working. It might be time for refresh. Check local flyers for ideas.

WRITE AND SEND YOUR HOLIDAY GREETINGS Whether you send emails or traditional cards by mail you'll want to make sure that your correspondence is written and mailed the first week of December.

PLAN YOUR HOLIDAY MENUS Hosting meals during the holidays? Plan the menu and buy items well beforehand (e.g. frozen turkey, appetizers, drinks etc.).

WRAP IT UP IN STYLE Set aside a couple of hours to wrap gifts. Tip: Gift bags are great for dressing up gifts and can be reused next year.

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BEST HOLIDAY MOVIES

From the nostalgic and the sappy to the humorous and the dramatic, almost everyone has one — a favourite holiday flick — that special movie that you get hopelessly drawn into watching again and again year after year. For some it might be Frank Capra's 1946 classic It's a Wonderful Life, for others something more of a modern-day classic like A Christmas Story (Who can forget little Ralphie's famous request to Santa, "I want an Official Red Ryder Carbine-Action Two-Hundred-Shot Range Model Air Rifle!").

IF YOU'RE LOOKING FOR A FILM TO WARM YOU UP THIS SEASON, CONSIDER ONE OF THESE SEASONAL FAVES.

1. It's a Wonderful Life (1946)
2. Miracle on 34th Street (1947)
3. The Bishop's Wife (1947)
4. A Christmas Carol (1951)
5. White Christmas (1954)
6. A Christmas Story (1983)
7. National Lampoon's Christmas Vacation (1989)
8. Scrooged (1988)
9. Home Alone (1990)
10. Jingle All the Way (1996)
11. Elf (2003)

You're richer than you think.® Scotiabank®

THE DIRT ON WIRELESS CONTRACTS

WHY YOU MIGHT THINK TWICE ABOUT SIGNING ONE

Anne Marie Garcia's monthly mobile phone bill was through the roof — her $85 a month plan sometimes cost her between $400 and $1,000. Granted, Garcia, a 45-year-old credit union account manager in North Vancouver, called her sister in Los Angeles every morning for 30 minutes (her plan only provided 150 local daytime minutes). Plus, when she travelled, the data roaming charges added up fast. "It was ridiculous. I had to look for an alternative phone."

After 20 years of being with a large carrier, Garcia researched the cellular market and was impressed by Mobilicity's unlimited wireless network.

While she had to pay a $300 penalty to cancel the remainder of her three-year contract, Garcia said it was well worth it.

Now that she has Mobilicity's unlimited talk, text and data service, her morning long distance chats with her sister are better and longer than ever, "and there's no way I'm going to pay more than the price of the plan." Mobilicity also has the lowest roaming charges in North America.

Interestingly, contract issues are the second highest source of complaints from consumers, according the Canada's Commissioner for Complaints for Telecommunications Services (CCTS), an independent organization that works with telecommunications customers and service providers to resolve complaints about services.

Wireless contracts can be problematic in several ways. Here's a quick look.

LITTLE FLEXIBILITY

When Bob Barrett, 56, Toronto, realized his aging mother no longer used or needed her mobile phone, he contacted the carrier to cancel it.

Unfortunately, earlier in the year, he had renewed her contract for another three years. Barrett pleaded his case to a few managers but found there were no exceptions to the rules. He would have to pay an early termination fee.

CANCELLATION FEES

CCTS reports that many of the contract disputes were a result of early termination fees charged to consumers. While there is legislation in Quebec and most recently Manitoba, that protects consumers with mobile phone contracts from high cancellation fees, consumers in the rest of Canada are at the mercy of company policy. For the most part, they face large cancellation fees that are usually tied to the contract and the amount owing on the phone. For example, Barrett was advised by his provider that the cancellation fee was $400. While there's a move to pass similar legislation in Ontario, it hasn't happened yet.

SURPRISE COSTS

Despite having a contract for a plan with a set price, it's easy to rack up usage beyond what's covered in the plan — and end up with a huge bill at the end of the month. If you don't keep track of how many minutes or megabytes of data you've used... or the cost of roaming, you could get an expensive surprise when you open your next phone bill.

MOBILICITY: THE BEAUTY OF NO-CONTRACT SERVICE

"Mobilicity is a smarter, more affordable way to use mobile phones," says Anthony Booth, Chief Customer Officer.

Customers get unlimited talk, text and data service for a fraction of what the large carriers charge without contracts, credit checks or extra/hidden fees.

Customers pay for their unlimited monthly service at the start of their month and use their mobile phone without worrying about incurring extra charges. "The price of the plan is the price you pay," says Booth.

Today, Mobilicity is offering great Black Friday deals on mobile phones – this on top of its 50% off regular unlimited monthly rate plans sale for the holiday season.

BREAKING A CONTRACT

If you want to take advantage of one of Mobilicity's sweet holiday deals, there are ways to get out of your mobile phone contract early, according to industry blogs and other online sources.

✓ Find someone who will take over the contract. Check websites such as cellclients.com and ca.cellswapper.com.

✓ The Utility Consumers' Action Network (ucan.org) recommends checking the fine print for grounds for cancelling.

✓ Some providers may let you cancel without penalty if you move somewhere where service isn't offered.

✓ Pay the penalty. Often it can cost less in the long run to cancel your contract and go to another carrier like Mobilicity, where you can start seeing savings on your wireless usage immediately.

HOLIDAY MAGIC ON YOUR MOBILE PHONE

KEEP TRACK OF CHRISTMAS SHOPPING

When Neluka Leanage of Toronto, goes shopping, she likes to keep track of her purchases on ***Hello Expense***. The app makes it easy to input and track her expenditures by category — and spending habits over a week, month and year. When Leanage sees she's spending too much on Christmas gifts, she can rethink her gifts list. "You can also download the data in an Excel file," says Leanage, "so you can print it out and tack it up on your bulletin board as a reminder."

EVERYONE LOVES SCRABBLE...

Now you can play the classic word game wherever you might be... sitting in an airport lounge or in the waiting room of your doctor's office. ***SCRABBLE Free***, a recommendation from PCWorld.com, lets you play against random opponents or friends online. You can even go into "Pass N' Play" mode to play against a friend by passing a tablet back and forth. Can you spell GREAT?

SHARING PHOTOS

Business consultant Larry Jackson of Oakville, Ont. stopped attaching jpeg files to emails ages ago. Now when he wants to share photos with his family and friends, he uses the ***Dropbox*** app. It's a storage service that lets him store photos, documents and other material so he and his family can access it from their PCs, phones or other devices. It just makes life so simple, he says.

NAME THAT TUNE

Lisa Barrett, of Newmarket, Ont., is a music aficionado... and used to find it really frustrating when she heard a song and couldn't remember the title. Now Barrett uses ***Shazam Encore***, a neat app that identifies songs instantly. Now all she has to do is hold her mobile phone up to the music and "shazam!" — it identifies the song immediately.

FOODIES REJOICE!

If you're like retiree Donna Palmer of Kelowna, B.C., you may be wondering what new delicious recipe you can serve at your holiday table this year. The ***Epicurious*** app on Palmer's smartphone lets her find recipes using a voice-recognition search. Cranberry Stuffing, Tree-Trimming Cider Punch, Shortbread Cookies... with a recipe app on your side, the possibilities are endless!

SPEAK THE LANGUAGE

Now you can wish family, friends or colleagues who don't speak English a happy holiday — in their language. The ***Google Translate Conversation Mode*** app lets you have a bilingual conversation. Simply speak into your mobile phone, listen for the translation and then let them do the same in their language!

MOVIE NIGHT

The ***Cineplex*** app is an easy way to see all the holiday blockbusters that are coming out — and you won't have to line up to buy tickets. Along with movie showtimes for every theatre in Canada, the app lets you buy tickets, watch trailers and keep up on entertainment news too. All you have to line up for is the popcorn!

Gifts for your furry friends

Cross your pet off your list with these fabulous finds — purrfect for the cats and dogs of the house

YLVA VAN BUUREN
FOR METRO

Don't forget your four-legged friends this holiday season.

A Real Treat
Your dog will love these yummy cookies over the holidays. Claudia's Canine Cuisine Holiday Cookies, eight- or 11-ounce packages, $9.99- $11.99 at Pet Valu.

Eau de Woof
Sadie and Mitz shampoo, conditioner and conditioning mist make great stocking stuffers. Available in Dirty Dog (citrus with spicy berries and sandalwood), Flirty (a blend of pomegranate, black orchid, lotus blossom and other exotic scents), Festive Fur (mulled cider, apples and cinnamon) and other fragrances. $19.95 each. sadieandmitz. com.

Spa Day
Send your pooch for a shampoo and conditioner, nail trim, haircut, ear cleaning and brush out. Cost varies depending on size, breed and temperament. One example: A full groom at The Fur Factor in Toronto starts at $52. Visit yellowpages.ca/business/0980248.html to find a groomer near you.

Cat perch
Give your cat a place to hang out ... and save your furniture with an Imperial Cat Scratcher. Rub a little catnip on the surface and the cat will always come back. $14.99-$44.99 at Pet Valu.

Peace in the House
Keep Fido busy with this "Hear Doggy" chew toy — it has an ultrasonic squeaker, which means only your dog can hear it. Different sizes and characters. From $8.99 at Pet Valu.

Go to Sleep
When it's bedtime, tuck your dog or cat into this 22-inch microsuede plush bed. They will dream of sugar plum fairies ... $19.99 at Pet-Smart.com.

Glitter Dog
Rub some Glamour Glitter Gel on your hands, then run it through your dog's fur to make it sparkle for the holidays. $14.95. Available online and at pet boutiques across Canada. sadieandmitz.com

Wrap up rawhide
The holidays are delicious ... when you put a tasty PetHoliday Rawhide Treat under the tree for your pooch. A variety of chewy designs are available from $1.99 to $14.99 at PetSmart stores.

Want to play?
Your cat will enjoy batting around the removable fur, sparkly streamers and feather teasers on this toy wand. And it's quality time together. PetSmart, $2.99 to $15.99.

What's Up Doc?
Wrap up a Chew & Flip 'n' Toss carrot or hamburger for your pet rabbit ... they love chew toys! $3.99 each. Pet Valu.

Muttluks
Marlene Cook, the founder of Woofstock (a Toronto festival for dogs), protects her dogs' feet from salt and cold with fleece-lined Muttluks. The dog boots have self-tightening straps, reflective straps, leather soles and stretchy leg cuffs. They are made in Canada. $45.99-$53.99 at muttluks.com.

Pet portraits

Surprise the pet lover in your life with a portrait of their cat or dog. Artists such as Astrid Colton (pet-portraitscanada.ca) can work from a photograph to create portraits in acrylic paint, colour or black and white pencil in two sizes (12-inch by 16-inch or 10-inch by eight-inch costs $200 to $300). Or wrap up a gift certificate and that way the recipient can choose the style and medium.

NEXT WEEK: HOLIDAY MUSIC, FOODIE GIFTS & MORE
FRIDAY, DEC. 2, 2011

Deck the halls

Snowman Stocking Ornament, $4.99, available at Canadian Tire, canadiantire.ca.

Santa's Mitten Ornament, $100, available at Swarovski, swarovski.com.

Glitter Curls, $5 a pack, available at President's Choice, presidents choice.ca.

Fabric Present Ornaments, $1.99, available at Canadian Tire, canadiantire.ca.

Twinkling Gingerbread Man Ornament, $55, available at Swarovski, swarovski.com.

Felt Reindeer Ornament, $7.50, available at Indigo, chapters.indigo.ca.

Clear Glass Ornament with Tartan Ribbon from Christmas Street, $5.99, available at The Bay, thebay.com.

7½-inch Decorative Fabric Bird with Toque, $7.99, available at Canadian Tire, canadiantire.ca.

Life Brand Premium Handmade Candy Canes, $2.99 each, available at Shoppers Drug Mart, shoppersdrugmart.ca.

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Frozen in time

These cameras and accessories will preserve your holiday memories

Nikon D7000 – $1,179 (body only), iPhone SLR Mount – $249.99, below.

MIKE YAWNEY
FOR METRO

For many, the holidays are a time to gather with family and friends. Why not capture those moments forever with a photo. Whether you are a seasoned professional or budding photographer, there is a camera for everyone out there. Here are a few of our choices.

Nikon D7000 — $1,179 (body only)
Perfect for the photo buff in your life. Nikon's latest entry in the dSLR market has the perfect blend of design, features and performance at a reasonable price. The D7000 features a high-resolution 16.2-megapixel DX-format CMOS sensor, three-inch super density LCD display and a Dynamic ISO range from 100 to 6400. You also have the ability to shoot 1080p HD video at 24 fps with autofocus. Two SDXC card slots ensure you never run out of storage. Lenses sold separately.

Canon Rebel T3i — $949.99
Power on, focus and shoot in less than one second! Technically classed as an entry-level dSLR camera, but don't let that fool you. An18-megapixel CMOS sensor ensures crisp, clean colour with every shot. The articulating LCD viewfinder makes it easy to capture photos at just the right angle.

Samsung MV800 — $299
This impressive 16.1-megapixel point-and-shoot camera may have a minimalist design but offers many features for those who demand more out of their camera. The three-inch touchscreen viewfinder can swivel 180 degrees to allow you to take photos from various angles.

Create breathtaking photos with the built-in software that allows you to take live panoramic shots, picture in picture or simply have fun by morphing photos with the many easy to use tools. Not ideal for low light conditions or for fast action shots.

Olympus Stylus Tough 8010 — $249.99
It's called tough for a reason! This 14-megapixel camera is shockproof, crushproof, freezeproof and waterproof to depths of 10 metres. Shoot still photos or HD video in virtually any condition!

iPhone SLR Mount — $249.99
Turn your iPhone into a SLR camera with this one-of-a-kind mount from Photojojo. This case adaptor allows you to mount Canon EOS or Nikon SLR lenses right onto your iPhone 4 or 4S. Use telephoto, wide angle or a macro lens on your phone. Finally, you can get powerful depth of field and manual focus on your iPhone.

Sony 220GB HD Camcorder with Projector — $899
Shoot 1080p video and then share it immediately with friends.
This camcorder has a built-in projector, which creates a 60-inch image on any flat surface. The 42X extended zoom makes it easy to get close to the action even if you are far away. Up to 91 hours of footage can be captured on the hard drive.

GoPro HD Hero2 — $349.99
The ideal companion for outdoors and sports enthusiasts. This tiny camera not only shoots 11 megapixel stills, it can also shoot 1080p HD video in even the most extreme conditions. Mount it to your snowboard to get footage on the half-pipe or take it along with you on your next warm vacation to get underwater footage while snorkelling.
A variety of mounts are available, allowing you to attach the camera to virtually anything, including your own body.

Eye-Fi — starting at $49.99
Wirelessly transfer your photos and videos from your digital camera to your home computer, Facebook, YouTube or favourite online photo to website with this unique memory card. The Eye-Fi connects to the Internet via Wi Fi so you can share photos with family and friends instantly. Once photos are transferred they are automatically erased to free up room on your memory card. Available in 4GB and 8GB models

Sony Digital Photo Frame and Printer — $199.99
What's the use of taking photos if you can't share them with others? Put all of your photos on display with Sony's eight-inch digital photo frame. The frame has a USB plug-in so you can directly upload your images from a camera without using a computer. It also supports movie and music playback. The frame comes with a printer base so you can print out 4-by-6 photos instantly while they are on display!

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On a tight budget? Gifts for under $30

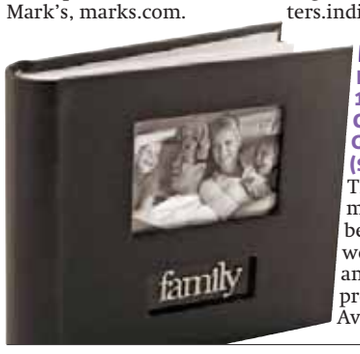
HEATHER BUCHAN
FOR METRO

We have rounded up a few items — all for less than $30 — that are sure to please everyone in the family this holiday season.

Dad

Mark's Dakota Grey and Orange Cup ($12.99)
Dad can enjoy his coffee on-the-go in this stylish ceramic mug in Mark's popular grey and orange sock print. Available at Mark's, marks.com.

2Photo Up Family Album ($19.99)
This black faux-leather album detailed with a cutout on the cover to insert a family photograph and polished metal lettering spelling family displays two vertical rows of photos on each page. Fill it with treasured family photographs and dad will be delighted come Christmas morning. Available at Chapters Indigo, chapters.indigo.ca.



Mom

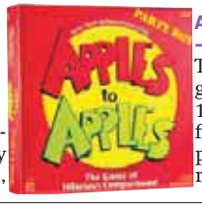
Portolano 10-inch Cashmere Gloves ($29.99)
These soft cashmere gloves are a beautiful cold-weather accessory and come in 12 pretty shades. Available at The Bay, thebay.com.

Voluspa 3-Wick Candle in Decorative Tin-Frost Pinecone Scent ($22.50)
This luxurious candle infuses the air with a beautiful blend of spicy pine needles, cypress and woody pinecone seeds, and will help mom unwind in her bedroom or bathroom away from the maddening crowds. Available at Chapters Indigo, chapters.indigo.ca.

Ravensburger Christmas Fair 200 XXL Piece Puzzle ($14.95)
This holiday puzzle featuring a cheerful fair in a town square with carollers, snowmen and Santa makes the perfect holiday activity for the entire family. Available at Mastermind Toys, mastermind toys.com.

Kids

Merry-Okee Christmas Karaoke Microphone ($19.95)
With six pre-recorded holiday songs and lyrics, this microphone changes your voice to sound like an elf. It will be the hit of any Christmas party for kids big and small. Available at Hallmark, hallmark.ca.



Apples to Apples — ($29.99)
This card game geared for kids 14 and older is filled with surprising and outrageous comparisons from a wide range of people, places, things and events. Fast moving and refreshing, this game is perfect for any get-together. Available at Toys "R" Us, toysrus.com.

BANANASTOCK/THINKSTOCK

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$55.96 each reg $69.95 >
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madrid bench - 2 seater
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8180 No 2 Rd, Unit 128
Aberdeen Mall
Admiralty Centre
Lansdowne Mall
Presidents Plaza

Surrey
Central City Mall
10255 King George Blvd
Payal Business Centre
Guildford Town Centre

Vancouver
1641 Commercial Dr, Unit 105
568 Dunsmuir St
2390 East Hastings St
6338 Fraser St
1463 Kingsway Ave
3081 Main St
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Synopsis

- Based on two books by Colin Clark, The Prince, The Showgirl and Me and My Week with Marilyn, the movie's main character isn't Monroe, but Clark (Eddie Redmayne), the third assistant director on The Prince and the Showgirl starring Sir Laurence Olivier (Kenneth Branagh) and Monroe. It was the summer of 1956 and Clark was a 23-year-old who, like the rest of the planet, was smitten with Monroe. The two form a bond, and for a few days it looks like his love for her might actually be reciprocated.
- **Ratings:**
  Richard: ⊕⊕⊕½
  Mark: ⊕⊕⊕

HANDOUT

▶ Michelle Williams steals the show in My Week With Marilyn.

'Marilyn' charms

My Week With Marilyn gives its actors lots of chances to showcase their chops

Reel Guys
RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

Richard: Mark, almost 50 years after her death, Marilyn Monroe is still one of the best-known actresses in the world and yet Michelle Williams manages to bring something new to someone we thought we knew so well. Even though I liked this movie and thought that Monroe's off-screen life, as dramatic as anything she ever did on screen, is tenderly portrayed, the story isn't as interesting as the performance. What did you think?

Mark: This movie is definitely NOT the Marilyn Monroe biopic. It's a small, charming film about the havoc the sexiest woman in the world can have on those around her. The movie's fabulous first half sets up the characters, milieu, and conflicts, but then doesn't have anywhere to go. So the story is weak, as you say, but its pleasures are in the fine details, including Michelle Williams' amazing portrayal of Ms. Monroe, and the wonderful sense of time and place on a film set circa 1956. And I've never seen Kenneth Branagh better!

RC: Branagh is very good, but when placed against Williams's Monroe his work seems to lack the soul she brings to every frame of film. He does have many of the film's best lines, however. His delivery of lines like, "Trying to teach Marilyn to act is like teaching Urdu to a badger," is letter perfect and adds much to the movie but I think the Oscar nomination here will go to Williams.

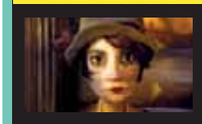
MB: The movie belongs to her, no question. But there are so many finely etched smaller parts that flesh out the movie. Judi Dench as the regal Dame Sybil Thorndike and Zoe Wanamaker as prickly acting coach Paula Strasberg are both exceptional. But why was the Arthur Miller part so underwritten? And were you impressed by Eddie Redmayne as the boy who becomes a man?

RC: His story should have been titled The Week I Almost Made It with Marilyn. It might have spiced up his role a bit. He's good, I think, but when Williams and Branagh are on screen he disappears. He's a main character but unfortunately for him he's saddled with a quiet role in a movie filled with bravura performances.

MB: I thought the movie was quite funny in places, by the way; the clash of acting styles between the Brits and the Yanks made for good fun, as did Branagh's growing exasperation with his star. But the abrupt turnaround at the end of the movie where he gushes over Marilyn's "natural, intuitive talent" seemed forced and false.

2 scene

Scene in brief



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G.I. Joe 2 crew member killed during filming in New Orleans.

HANDOUT

▶ Margaret Atwood is one of many famous talking heads who lend their opinions in Surviving Progress.

Progress at a Price

Documentary critiques a world of haves and have-nots

Film adapted from Ronald Wright's bestselling Massey lecture about the fallout of technological progress

ADAM NAYMAN
SCENE@METRONEWS.CA

When Harold Crooks and Mathieu Roy's documentary Surviving Progress premiered in September at the Toronto International Film Festival, it was already considered to be 'timely.'

Adapted from Ronald Wright's bestselling Massey Lecture about the fallout of technological progress and unsustainable consumption, the film uses sophisticated visuals and an array of famous talking heads (including Margaret Atwood) to paint a despairing picture of a global society divided into haves and have-nots.

Discussing the film on the eve of its theatrical release, both filmmakers acknowledge that the Occupy Wall Street movement, and its offshoots in other big cities like Toronto, make Surviving Progress even more of a movie of the moment.

"It's a miracle of timing that it occupies the OWS movement's focus on growing inequality and the hijacking of democracy by a financial oligarchy," says Crooks.

"Those themes are central to Wright's book and to our film. As the OWS protest transforms, hopefully our film will continue to contribute to the conversation about what a sustainable society might be."

"Our producers organized a special screening for about 30 protestors in Montreal," adds Roy, "and they all loved the film. One 21-year-old philosophy student said that he appreciated the idea of a film with ideas revolving around ethics and morality."

HANDOUT

▶ Jane Goodall lends her opinions and expertise to the documentary.

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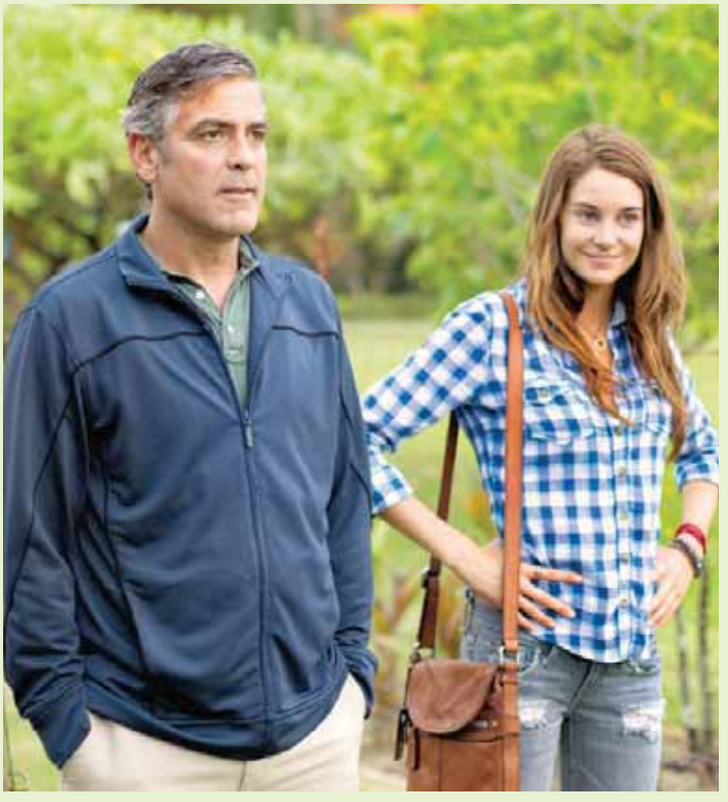
Movies See it twice ⊕⊕⊕⊕⊕ | See it now ⊕⊕⊕⊕ | Worth watching ⊕⊕⊕ | Yawn ⊕⊕ | Don't bother ⊕

Elite Squad: The Enemy Within
Genre: Thriller
Director: José Padilha
Stars: Wagner Moura, Irandhir Santos, André Ramiro
⊕⊕⊕½
This ain't no love letters to Rio De Janiero as much as a dire warning. When a political candidate and organized crime boss throws a campaign party brandishing a gun in a gesture of love, an anti-crime TV host is his second in command, and elite police officers massacre a neighbourhood with impunity, what is life worth? Padhila revisits the jaw dropping crime and corruption of the original 2007 film in a gritty, disturbing and riveting sequel following an uncorrupted security officer and his continuing war on "scumbags."
ANNE BRODIE



The Descendants
Genre: Comedy/Drama
Director: Alexander Payne
Stars: George Clooney, Shailene Woodley
⊕⊕⊕⊕
Director Alexander Payne's first film since Sideways continues his exploration of men disconnected from their lives.
Centred on the tough choices Matt King (Clooney) must make after his wife is left in a coma, King is forced to reconnect with his two daughters, deal with his sick wife's infidelity and shepherd a family land deal in their native Hawaii.
The Descendants lays bare the raw and mixed emotions that come when making decisions without having all the answers.
IAN GORMELY

"★★★★. A GREAT, BIG JOY."
Olly Richards, EMPIRE
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We give thanks for these films

With Thanksgiving weekend underway down south, we thought we'd show our gratitude for these great flicks

It's Thanksgiving weekend in the U.S., with our southern neighbours reflecting on the people and things for which they're grateful. Since we love movies, we thought it would be a good time to choose five for which we're thankful. These are the cinematic equivalent of comfort food; ones that can be watched over and over again, and always rely on making you laugh, lift you up or provide an escape. (The inclusion of anything by John Hughes goes without saying.) Ask us next week and this list might be different. But for this weekend, dig in.

Rushmore (1998)

This remains Wes Anderson's best movie. Young Jason Schwartzman, making his film debut, stars as Max Fischer, who's involved in everything at the exclusive Rushmore Academy. A restrained Bill Murray is hilarious as the depressed father of a couple of Max's classmates, with whom Max forms an unlikely friendship — until they fall for the affections of the first-grade teacher.

The Sound of Music (1965)

Yes, it's a huge movie and a classic, winner of five Academy Awards. But there's something so personal about it; we all grew up watching it — it's one of those movies that is on television every year around the holidays. Why shouldn't Julie Andrews be able to come up with just the perfect, inspiring tune on the spot, or make play clothes out of drapes for all seven Von Trapp children, and still find time to make goo-goo eyes at the captain?

This is Spinal Tap (1984)

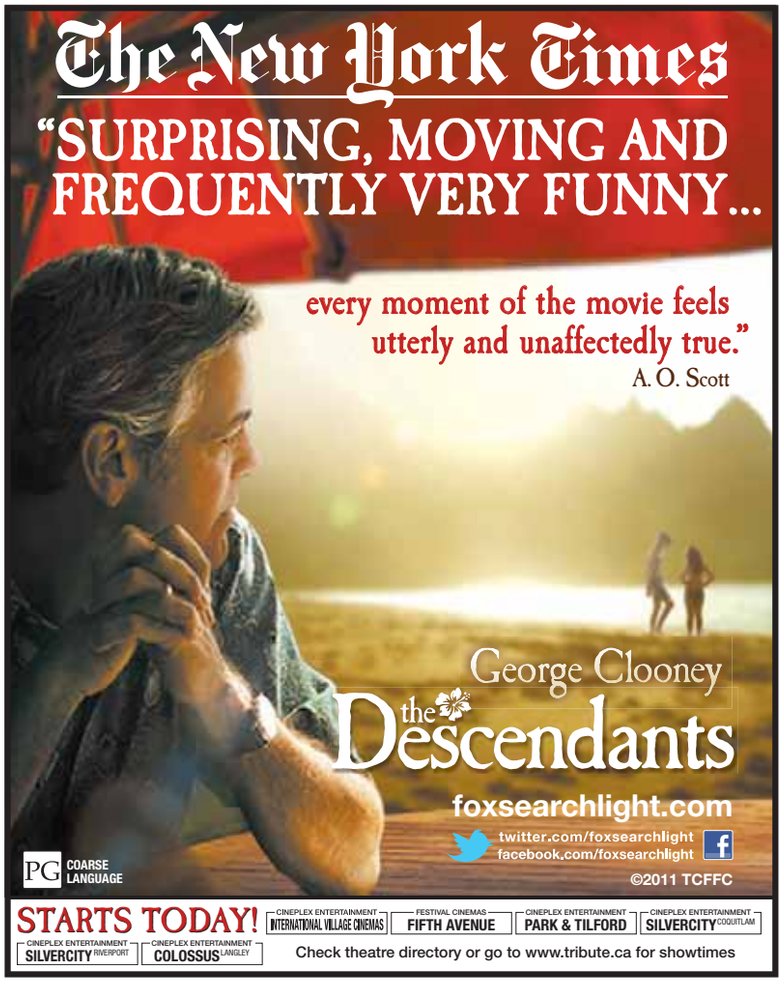
Pretty much the greatest mockumentary ever, the one that launched Christopher Guest's entire oeuvre. So many great, quotable lines. So many ridiculous songs in this fake behind-the-scenes look at a spectacularly awful and over-the-top British rock band. So many small, deadpan ad-libs that produce huge laughs.

The Big Lebowski (1998)

Admittedly, this is not the Coen brothers' best film, but the cult of Lebowski is just too powerful. There's something hypnotic about it: the way The Dude navigates the increasingly surreal adventure in which he's found himself. Bowling, Vietnam, white Russians, porn, a toe with green nail polish on it and a crucial rug all collide in weird and wonderful ways. No matter what Jeff Bridges accomplishes, he will always be The Dude.

Sleeping Beauty (1959)

This Disney animated film is an uncharacteristically chickish choice on our part, given its themes of a woman in peril who needs a man to rescue her. So no, it's not terribly forward-thinking. But when you were little didn't it all seem so romantic? Aurora was so gorgeous and graceful, tall and blond, the epitome of feminine beauty back then. THE ASSOCIATED PRESS



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Celebrities lace 'em up

Goon comes to theatres next year, so we look at Hollywood's hockey love

MIKE DOJC
ICHILL.CA
SCENE@METRONEWS.CA

When you think of stars on ice, images of former Olympians in sequins are conjured well ahead of celebs making saucer passes and slamming each other into the boards.

But many Hollywood types bitten by the hockey bug need a fix every now and then. Producer Jerry Bruckheimer, best known for blockbuster films like Top Gun and Armageddon, has been organizing low-key weekly pickup hockey games catering to celebrities craving ice time for over a decade. The game has since snagged many notables in its wide net.

Michael Bublé

Growing up in Burnaby, B.C., the jazzy crooner worshipped the Vancouver Canucks. If his hockey skills were on par with his pipes he would've traded in all the Grammy awards for a shot at hockey glory in a heartbeat. While on tour in the U.K. last year in between gigs, Bublé suited up and took a practice with the EIL's Nottingham Panthers. "Take your best shots at me and keep the elbows high," he goaded the team before taking to the ice.

Steve Carell

Long before presiding over the paper pushers at Dunder Mifflin as alter ego Michael Scott, Carell played goalie on his high school hockey team in Concord, Mass. On a season 2 episode of The Office, Carell takes the gang out ice-skating to celebrate his birthday and shows up in full hockey gear, stick and all. "I thought about playing in the NHL but you're on the road so much you have no time to spend with your wife and kids…and I really want a wife and kids," he quipped, explaining the get-up.

Taylor Kitsch

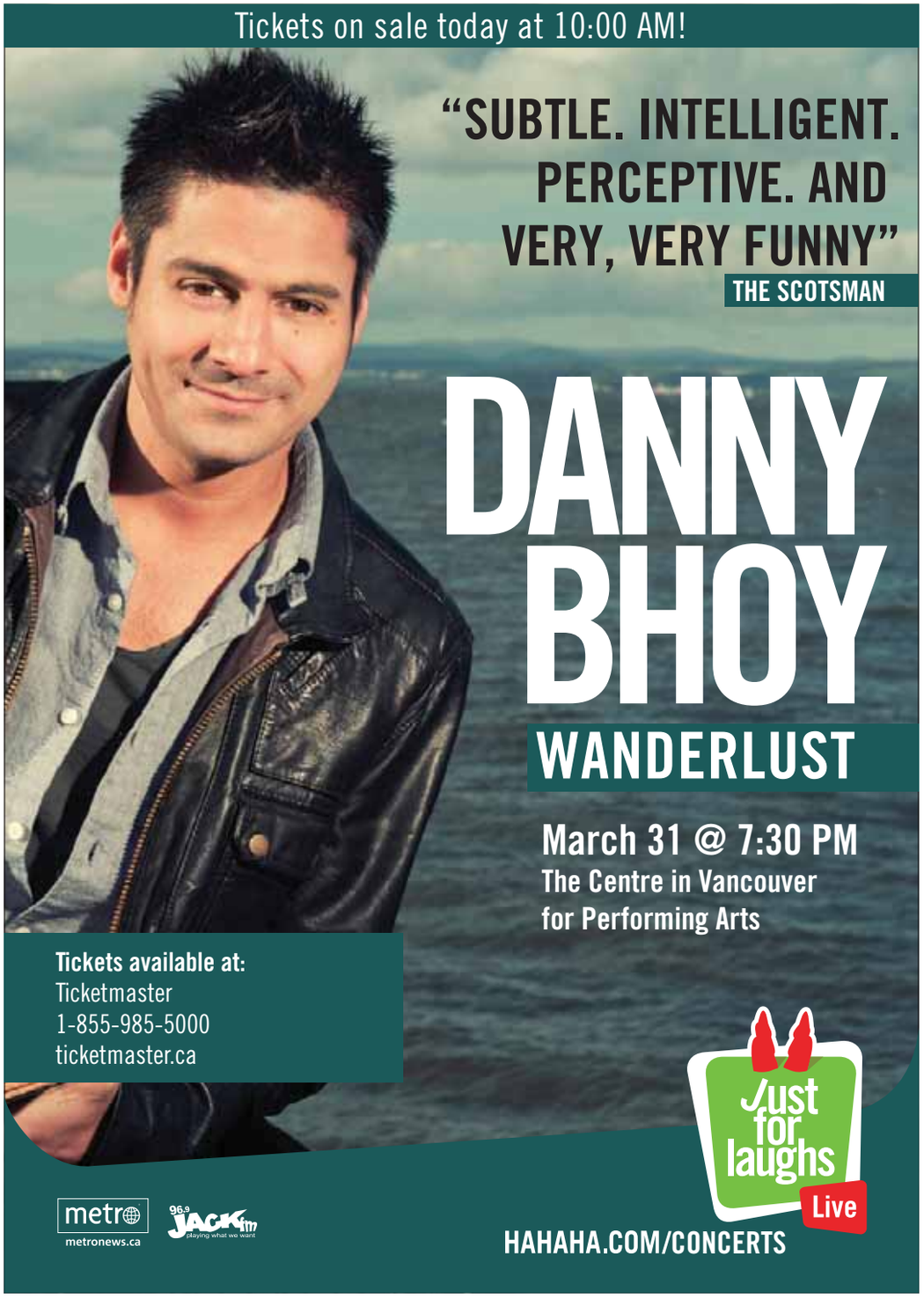
Wonder why Tim Riggins was so good at laying people out on Friday Night Lights? Growing up in Kelowna B.C., Kitch (best known for his role as the buff, constantly brooding Dillon Panthers fullback on Friday Night Lights) played Junior A hockey in the BCHL for the Langley Hornets. While filming FNL he played pickup hockey in Austin, Texas with other expat puck heads and he's also participated in one of Luc Robitaille's Celebrity Shoot Outs.

Justin Bieber

The Biebs was going top shelf on goalies and rocking opponents against the boards long before he topped the pop charts as a Billboard #1 fixture. Along with skateboarding and chess, hockey is one of Stratford, Ont's most famous son's way of unwinding when he's not performing in arenas or being chased like a Beatle. When he moved to Atlanta to start recording and before his touring schedule got too hectic, Bieber played the 2008-2009 season with the Atlanta Knights hockey team wearing #18 and has been known to schedule a little skate around on days off from the singing grind.

Dierks Bentley

Despite toting his hockey gear wherever he goes, this country star has gotten more hurt performing than skating around on the ice. He once tore his ACL jumping off a stage riser. Playing hockey he's never suffered anything worse than a hard puck to the shin. He's said that for him concerts are like hockey games in that when he goes out on stage he tapes his boots in the same fashion that he laces his skates — using duct tape.



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Arabia (STC) Fri 11-1 Sat-Sun 11-1-3 Mon-Thu 11-1
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CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

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Footloose (PG) Fri-Sat 2:30 Mon-Thu 2:30
The Guard (14A) Fri-Tue 7 Thu 7
Le Havre (STC) Fri-Thu 5
Paranormal Activity 3 (14A) Fri-Thu 9
The Women on the 6th Floor (G) Fri-Sat 12:30 Mon-Thu 12:30

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

The Twilight Saga: Breaking Dawn Part 1 (PG) Fri 7-9:30 Sat-Sun 1:50-4:15-7-9:30 Mon-Thu 5:15-8

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

The Descendants (PG) Fri-Thu 1:45-4:30-7:05-9:40
The Ides of March (14A) Fri-Tue 1:15-4-6:55-9:10 Wed 1:15-4-9:10 Thu 1:15-4-6:55-9:10
J. Edgar (PG) Fri-Thu 1-3:45-6:45-9:30
Like Crazy (PG) Fri-Tue 2-4:45-7:25-9:20 Wed 2-4:45-9:20 Thu 2-4:45-7:25-9:20
Margin Call (14A) Fri-Wed 1:30-4:15-7:15-9:35 Thu 1:30-4:15-9:35

GRANVILLE
855 Granville St., 604-684-4000

Anonymous (PG) Dolby Stereo Sat-Sun 4:05-6:35-9:25 Dolby Stereo Mon-Thu 5:40-8:30
Atlas Shrugged: Part 1 (PG) Dolby Stereo Fri 7-9:40 Dolby Stereo Sat-Sun 4:30-7-9:40 Dolby Stereo Mon-Thu 5:35-8:10
The Ides of March (14A) Dolby Stereo Fri 6:55-9:35 Dolby Stereo Sat-Sun 4:25-6:55-9:35 Dolby Stereo Mon-Thu 5:55-8:15
Martha Marcy May Marlene (14A) Dolby Stereo Fri 6:50-9:15 Dolby Stereo Sat-Sun 4:20-6:50-9:15 Dolby Stereo Mon-Thu 5:25-8:25
Moneyball (PG) Dolby Stereo Fri 6:30-9:20 Dolby Stereo Sat-Sun 4-6:30-9:20 Dolby Stereo Mon-Thu 5:30-8:20
The Skin I Live In (18A) Dolby Stereo Fri 6:45-9:30 Dolby Stereo Sat-Sun 4:10-6:45-9:30 Dolby Stereo Mon-Thu 5:50-8:35
St. Elmo's Fire (STC) Fri 7
The Whale (G) Dolby Stereo Fri 6:40-9:10 Dolby Stereo Sat-Sun 4:15-6:40-9:10 Dolby Stereo Mon-Thu 5:45-8:40

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211
hollywoodtheatre.ca

OAKRIDGE
650 West 41st Ave., 604-263-1944

Arthur Christmas (G) Dolby Stereo Digital Sat-Sun 1:20
Arthur Christmas 3D (G) Dolby Stereo Digital Fri 7:10-9:35 Dolby Stereo Digital Sat-Sun 4:20-7:10-9:35 Dolby Stereo Digital Mon-Thu 5:20-8:10
Puss in Boots (G) Digital Presentation, DTS Digital Sat-Sun 1
Puss in Boots 3D (G) Dolby Stereo Digital Fri 6:50-9:25 Dolby Stereo Digital Sat-Sun 4-6:50-9:25 Dolby Stereo Digital Mon-Wed 5-7:50
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes, Dolby Stereo Digital Fri 7-9:45 No Passes, Dolby Stereo Digital Sat-Sun 1:10-4:10-7-9:45 No Passes, Dolby Stereo Digital Mon-Thu 5:10-8

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456
cinematheque.bc.ca

The Barons (STC) Mon 6:30
Fish n' Chips (STC) Mon 8:35
In Our Name (STC) Sat 6:30
Lapland Odyssey (STC) Thu 6:30
Little Rose (STC) Fri 6:30
The Maiden Danced to Death (STC) Wed 6:30
The Man Who Jumped Cars (STC) Fri 8:45
Miss Kicki (STC) Sat 8:20
Personal Baggage (STC) Sun 6:30
The Red Chapel (STC) Thu 8:20
Soul at Peace (STC) Wed 8:35
Tilt (STC) Tue 7

PARK THEATRE
3440 Cambie Street, 604-876-2747

Hugo 3D (G) Fri-Thu 1-4-6:50-9:30

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

My Week With Marilyn (PG) Fri 4-7-9:10 Sat-Sun 1:45-4-7-9:10 Mon-Wed 4-7-9:10
No Films Showing Today (STC) Thu

RIO ON BROADWAY
1660 E. Broadway, 604-878-Film
riotheatre.ca

Dirty Dancing (STC) Mon 7
No Films Showing Today (STC) Sat Wed
Team America: World Police (18A) Fri 12
A Very Harold & Kumar 3D Christmas (18A) Sun 4:45-7-9:15 Tue 7-9:15

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

Ben-Hur (STC) Sun 12:30
Collaborators (STC) Thu 7
Hugo (G) No Passes Fri-Sun 1 No Passes Mon-Thu 1:15
Hugo 3D (G) No Passes Fri-Sun 1:20-4:30-7:25-10:20 No Passes Mon-Thu 1:10-4-7-9:50
Immortals 3D (18A) Fri-Sun 2-4:50-7:40-10:25 Mon-Thu 2:10-4:50-7:30-10:25
In Time (PG) Fri 4-7:10-9:50 Sat 4-9:50 Sun 4-7:10-9:50 Mon 4:10-9:50 Tue 4:10-7:10-9:50 Wed 4:10-9:50 Thu 4:10-7:10-9:50
The Muppets (G) No Passes Fri-Sun 11:55-2:35-5:10-7:50-10:30 No Passes Mon-Thu 2:05-4:40-7:40-10:15
Puss in Boots 3D (G) Fri-Sun 12:30-3-5:20-7:45-10:15 Mon-Thu 3:30-5:50-8:10-10:20
Raiders of the Lost Ark (STC) Mon 7
Tower Heist (PG) Fri-Sun 12:20-2:50-5:30-8:05-10:35 Mon-Thu 2:30-5:20-7:55-10:30
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sun 11:45-1:30-2:30-4:15-5:15-7:15-8:10-10:10-10:45 No Passes Mon-Wed 1:30-2-4:30-5-7:15-7:45-10-10:30 No Passes Thu 1:30-2-4:15-5-7:15-7:45-10:20-10:30
A Very Harold & Kumar 3D Christmas (18A) Fri-Sat 1:10-3:40-6-8:20-10:40 Sun 6-8:20-10:40 Mon-Wed 1:20-3:40-6-8:15-10:25 Thu 1:20-3:40-10:25
We Bought a Zoo (PG) No Passes Sat 7

VANCITY THEATRE
Vancouver International Film Centre
1181 Seymour Street,
604-683-Film
vifc.org

40 Days at Base Camp (STC) Fri 8:30 Sat 4-8:30 Sun 8:30 Tue 6:30 Thu 1-8:30
My Father's Guest (STC) Fri-Sun 6:30 Tue 8:15 Thu 6:30
No Films Showing Today (STC) Mon Wed

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313
vaneast.com

NORTH SHORE

ESPLANADE 6
200 West Esplanade, 604-983-2762

Happy Feet Two (G) No Passes Fri 7:05-9:40 No Passes Sat-Sun 12:40-4-7:05-9:40 No Passes Mon-Thu 7:05-9:40
Hugo (G) Fri 6:40-9:35 Sat-Sun 12:30-3:20 Mon-Thu 6:40-9:35 Sat-Sun 12:50-3:45-6:40-9:35
Immortals (18A) Fri 7:25-10:10 Sat-Sun 1:10-4:20-7:25-10:10 Mon-Thu 7:25-10:10
J. Edgar (PG) Fri 6:50-10 Sat-Sun 12:25-3:30-6:50-10 Mon-Thu 6:50-10
The Muppets (G) Fri 7:15-9:50 Sat-Sun 1-4:10-7:15-9:50 Mon-Thu 7:15-9:50
The Way (PG) Fri-Wed 6:30-9:20

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

Arthur Christmas (G) No Passes Sat-Sun 1:40 Star & Strollers Screening, No Passes Thu 1
Arthur Christmas 3D (G) No Passes Fri 6:50-9:20 No Passes Sat-Sun 4-6:50-9:20 No Passes Mon-Thu 6:50-9:20
Collaborators (STC) Thu 7
The Descendants (PG) No Passes Fri 7:10-9:50 No Passes Sat-Sun 1:50-4:20-7:10-9:50 No Passes Mon-Thu 7:10-9:45 Star & Strollers Screening, No Passes Thu 1
Jack and Jill (PG) Fri 7:20 Sat-Sun 1:20-3:50-7:20 Mon-Thu 7:20
Puss in Boots 3D (G) Fri 6:40-9 Sat-Sun 1:10-3:30-6:40-9 Mon-Thu 6:40-9
Tower Heist (PG) Fri-Thu 9:30
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri 7-9:40 No Passes Sat-Sun 1:30-4:10-7-9:40 No Passes Mon-Wed 7-9:40 No Passes Thu 10:15 No Passes Fri 6:30-9:10 No Passes Sat-Sun 1-3:40-6:30-9:10 No Passes Mon-Thu 6:30-9:10

RICHMOND

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

SILVERCITY RIVERPORT
14211 Entertainment Way,
604-272-7280

Arthur Christmas (G) No Passes Fri-Thu 1:30
Arthur Christmas 3D (G) No Passes Fri-Thu 12:45-3:45-6:45-9:50
Ben-Hur (STC) Sun 12:30
Collaborators (STC) Thu 7
The Descendants (PG) No Passes Fri-Wed 12:35-3:40-6:55-10:20 No Passes Thu 3:40-6:55-10:20 Star & Strollers Screening, No Passes Thu 1
Desi Boyz (STC) Fri-Thu 12:10-3:35-7:10-15
Happy Feet Two (G) No Passes Fri-Thu 1:15-4
Happy Feet Two 3D (G) No Passes Fri-Thu 12:15-3:15-6:10-9:05
Happy Feet Two: An IMAX 3D Experience (G) No Passes Fri-Mon 11:45-2:15-4:45-7:15-9:45 No Passes Tue-Thu 1-4-7-9:30
Hugo (G) No Passes Fri-Thu 12:05-3:20
Hugo 3D (G) No Passes Fri-Thu 12:50-3:55-7:20-10:35
Immortals 3D (18A) Fri-Thu 1:25-4:25-7:40-10:30
In Time (PG) Fri 7:10-10:10 Sat 10:10 Sun-Thu 7:10-10:10
J. Edgar (PG) Fri-Sat 11:50-3:05-6:40-10:15 Sun 3:35-6:40-10:15 Mon 11:50-3:05-6:40-10:15 Tue-Wed 12-3:05-6:40-10:15 Thu 12-3:05-10:15
Jack and Jill (PG) Fri-Wed 12:55-3:50-6:50-9:35 Thu 12:55-3:50-10:15
The Muppets (G) No Passes Fri-Wed 1:15-4:15-7:05-9:55 No Passes Thu 4:15-7:05-9:55 Star & Strollers Screening, No Passes Thu 1
My Week With Marilyn (PG) Fri-Thu 1:20-4:05-7:35-10:05
Puss in Boots (G) Fri-Thu 1:45-4:30-7:25-10:05
Tower Heist (PG) Fri-Thu 4:10-7:05-10
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sat 12-12:30-1-3-3:30-4-6-6:45-7-7:30-9-9:45-10-10:30 No Passes Sun 12-12:30-1-3-3:30-4:40-6-6:45-7-7:30-9-9:45-10-10:30 No Passes Mon-Thu 12-12:30-1-3-3:30-4-6-6:45-7-7:30-9-9:45-10-10:30
A Very Harold & Kumar Christmas (18A) Fri-Thu 2-5-7:50-10:25
We Bought a Zoo (PG) No Passes Sat 7

BURNABY

DOLPHIN CINEMAS
4555 E. Hastings St., 604-293-0332

Happy Feet Two (G) Fri 4:45-6:45-8:45 Sat-Sun 12:45-2:45-4:45-6:45-8:45 Mon-Thu 4:45-6:45-8:45
The Twilight Saga: Breaking Dawn Part 1 (PG) Fri 4:30-7-9:20 Sat-Sun 12-2:15-4:30-7-9:20 Mon-Thu 4:30-7-9:20

SILVERCITY METROPOLIS
4700 Kingsway Ave., 604-435-7474

Arthur Christmas (G) No Passes Fri-Sun 12:15 No Passes Mon-Thu 2:40
Arthur Christmas 3D (G) No Passes Fri-Sun 2:40-5:05-7:30-9:55 No Passes Mon-Thu 5:05-7:30-9:55
Collaborators (STC) Thu 7
Happy Feet Two 3D (G) No Passes Fri-Sun 12-2:35-5:15-7:55-10:30 No Passes Mon-Thu 2:35-5:15-7:55-10:30
Hugo 3D (G) No Passes Fri-Thu 1:40-4:35-7:30-10:25
Immortals 3D (18A) Fri-Sun 12:05-2:45-5:30-8:15-11 Mon-Thu 2:45-5:30-8:15-11
Jack and Jill (PG) Fri-Wed 1:15-3:40-6:8:20-10:40 Thu 1:15-3:40-10:40
The Muppets (G) No Passes Fri-Sun 11:45-2:20-5-7:40-10:15 No Passes Mon-Thu 2:20-5-7:40-10:15
Puss in Boots (G) Fri-Sun 11:55-2:25-5:05-7:45-10:20 Mon-Thu 2:25-5:05-7:45-10:20
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Thu 1:30-4:15-7:20-10:05 No Passes Fri-Sun 11:50-2:30-5:15-8-10:45 No Passes Mon-Thu 2:30-5:15-8-10:45
A Very Harold & Kumar Christmas (18A) Fri-Thu 1:30-3:50-6:10-8:30-10:50

STATION SQUARE
220-6200 McKay Ave., 604-434-7711

Anonymous (PG) Fri 4:15-7-9:45 Sat 1:20-4:15-7-9:45 Sun 1:20-4:15-7 Mon-Thu 4:15-7
Footloose (PG) Fri 7:20 Sat 1:30-7:20 Sun 1:30-4:35 Mon-Thu 4:35
In Time (PG) Fri 4:40-7:25-10 Sat 1:35-4:40-7:25-10 Sun 1:35-4:40-7:25 Mon-Thu 4:40-7:25
J. Edgar (PG) Fri 4:10-7:05-9:55 Sat 1:15-4:10-7:05-9:55 Sun 1:15-4:10-7:05 Mon-Thu 4:10-7:05
Johnny English Reborn (PG) Fri 4:25-6:55-9:35 Sat 1:45-4:25-6:55-9:35 Sun 1:45-4:25-6:55 Mon-Thu 4:25-6:55
Paranormal Activity 3 (14A) Fri-Sat 4:35-10 Sun-Thu 7:20
Real Steel (PG) Fri 4:20-7:10-9:50 Sat 1:25-4:20-7:10-9:50 Sun 1:25-4:20-7:10 Mon-Thu 4:20-7:10
Tower Heist (PG) Fri 4:30-7:15-9:40 Sat 1:40-4:30-7:15-9:40 Sun 1:40-4:30-7:15 Mon-Thu 4:30-7:15

NEW WEST/ COQUITLAM

SILVERCITY COQUITLAM
170 Schoolhouse Street, 604-523-2911

Arthur Christmas (G) No Passes Fri-Thu 12:50
Arthur Christmas 3D (G) No Passes Fri-Thu 4:10-7:05-9:50
Ben-Hur (STC) Sun 12:30
Collaborators (STC) Thu 7
The Descendants (PG) No Passes Fri-Tue 12:35-4-7:35-10:30 No Passes Wed 4-7:35-10:30 No Passes Thu 12:35-4-7:35-10:30 Star & Strollers Screening, No Passes Wed 1
Happy Feet Two (G) No Passes Fri-Thu 12:05-3
Happy Feet Two 3D (G) No Passes Fri-Thu 12:45-3:45-7-9:40
Hugo 3D (G) No Passes Fri-Thu 12:15-3:50-7:10-10:10
Immortals 3D (18A) Fri-Sat 1:15-4:20-7:45-10:30 Sun 4:20-7:45-10:30 Mon-Thu 1:15-4:20-7:45-10:30
J. Edgar (PG) Fri 12:20-3:35-6:55-10:25 Sat 1-4-6:55-10:25 Sun-Wed 12:20-3:35-6:55-10:25 Thu 12:20-3:35-10:25
Jack and Jill (PG) Fri-Thu 1:30-4:30-7:30-10
The Muppets (G) No Passes Fri-Tue 1:10-3:55-6:50-9:45 No Passes Wed 3:55-6:50-9:45 No Passes Thu 1:10-3:55-6:50-9:45 Star & Strollers Screening, No Passes Wed 1
My Week With Marilyn (PG) Fri-Thu 1:05-3:45-7:25-10:05
Puss in Boots (G) Fri-Thu 1:20-4:05-6:40-9:20
Tower Heist (PG) Fri-Thu 7:20-10:05
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Thu 12-12:30-2:45-3:30-5:30-6:30-8:20-9:30 No Passes Fri-Thu 1-4:15-7:15-10:15
A Very Harold & Kumar Christmas (18A) Fri-Thu 2-4:30-7:55-10:10

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SURREY/WHITE ROCK/LANGLEY

CLOVA
5732-176th St., Surrey, 604-541-9527

Anonymous (PG) Fri-Thu 9:30
Moneyball (PG) Fri-Thu 7
Puss in Boots (G) Sat-Sun 1:30

HOLLYWOOD 3 CINEMA
7125-138th Street, Surrey, 604-592-4441

Dolphin Tale (STC) Sat-Sun 12:30-2:35
Footloose (PG) Fri-Thu 4:40-9:10
The Help (PG) Fri-Thu 8:45
Johnny English Reborn (PG) Fri 4:45 Sat-Sun 12:45-2:45-4:45 Mon-Thu 4:45
Paranormal Activity 3 (14A) Fri-Thu 8:45
Real Steel (PG) Fri 6:50 Sat-Sun 12:15-6:50 Mon-Thu 6:50
The Smurfs (G) Sat-Sun 2:40
Tower Heist (PG) Fri-Thu 4:45-6:45
A Very Harold & Kumar Christmas (18A) Fri-Thu 7

STRAWBERRY HILL GRANDE
12161-72nd Ave, Surrey, 604-501-9400

Arthur Christmas (G) No Passes Fri-Sun 12 No Passes Mon-Thu 2:30
Arthur Christmas 3D (G) No Passes Fri-Sun 2:30-5:7:30-10 No Passes Mon-Thu 5:7:30-10
Desi Boyz (STC) Fri-Thu 1:20-4:20-7:20-10:20
Happy Feet Two 3D (G) No Passes Fri-Sun 11:55-2:25-5:05-7:50-10:20 No Passes Mon-Thu 2:25-5:05-7:50-10:20
Hero Hitler in Love (14A) Fri-Thu 1:10-4:10-7:10-10:10
Hugo (G) No Passes Fri-Sun 12:30 No Passes Mon-Tue 1 Star & Strollers Screening, No Passes Wed 1 No Passes Thu 1
Hugo 3D (G) No Passes Fri-Thu 1:40-4:30-7:25-10:15
Immortals (18A) Fri-Sun 12:10-2:50-5:30-8:10-10:45 Mon-Thu 2:50-5:30-8:10-10:45
Jack and Jill (PG) Fri-Sun 12:50-3:15-5:45-8:15-10:40 Mon-Thu 1:05-3:25-5:45-8:15-10:40
The Muppets (G) No Passes Fri-Sun 11:45-2:20-5:7:40-10:25 No Passes Mon-Tue 2:20-5:7:40-10:25 No Passes Wed 5:7:40-10:25 No Passes Thu 2:20-5:7:40-10:25 Star & Strollers Screening, No Passes Wed 1
Puss in Boots (G) Fri-Sun 12:20-2:45-5:10-7:35-9:50 Mon-Thu 1:30-5:20-7:35-9:50
Rockstar (PG) Fri-Sun 3:30-7:10:30 Mon-Thu 3:45-7:05-10:30
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sun 11:50-1:30-2:30-4:15-5:15-7:8-9:45-10:45 No Passes Mon-Thu 1:30-2:30-4:15-5:15-7:8-9:45-10:45

STUDIO 12 GUILDFORD
15051-101st Ave, Surrey, 604-581-1176

Arthur Christmas (G) Dolby Stereo Digital, Stadium Seating Sat-Sun 12:35
Arthur Christmas 3D (G) Dolby Stereo Digital, Stadium Seating Fri-Sun 3:25-6:25-9:10 Dolby Stereo Digital, Stadium Seating Mon 4:35-7:35 Dolby Stereo Digital, Stadium Seating Tue 3:25-6:25-9:10 Dolby Stereo Digital, Stadium Seating Wed-Thu 4:35-7:35
Desi Boyz (STC) Dolby Stereo Digital, Stadium Seating Fri 4:35-7:40-10:30 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:35-4:35-7:40-10:30 Dolby Stereo Digital, Stadium Seating Mon 5:20-8:35 Dolby Stereo Digital, Stadium Seating Tue 4:35-7:40-10:30 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:20-8:35
Happy Feet Two (G) Dolby Stereo Digital, Stadium Seating Sat-Sun 1
Happy Feet Two 3D (G) Dolby Stereo Digital Fri-Sun 3:50-7-9:30 Dolby Stereo Digital Mon 5:10-8:05 Dolby Stereo Digital Tue 3:50-7-9:30 Dolby Stereo Digital Wed-Thu 5:10-8:05
Hugo (G) Dolby Stereo Digital, Stadium Seating Fri 4:25 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:40-4:25 Dolby Stereo Digital, Stadium Seating Tue 4:25
Hugo 3D (G) Dolby Stereo Digital, Stadium Seating Fri 3:30-7:10-9:50 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:40-3:30-7:10-9:50 Dolby Stereo Digital, Stadium Seating Mon 5:15-8:25 Dolby Stereo Digital, Stadium Seating Tue 3:30-7:10-9:50 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:15-8:25
Immortals 3D (18A) Dolby Stereo Digital, Stadium Seating Fri 4:45-7:30-10:25 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:45-4:45-10:25 Dolby Stereo Digital, Stadium Seating Mon 5:40-8:40 Dolby Stereo Digital, Stadium Seating Tue 4:45-7:30-10:25 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:40-8:40
J. Edgar (PG) Dolby Stereo Digital, Stadium Seating Fri 3:20 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:30-3:20 Dolby Stereo Digital, Stadium Seating Tue 3:20
Jack and Jill (PG) Dolby Stereo Digital, Stadium Seating Fri 4:30-7:25-9:55 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:05-4:30-7:25-9:55 Dolby Stereo Digital, Stadium Seating Mon 4:50-7:50 Dolby Stereo Digital, Stadium Seating Tue 4:30-7:25-9:55 Dolby Stereo Digital, Stadium Seating Wed-Thu 4:50-7:50
The Muppets (G) Dolby Stereo Digital, Stadium Seating Fri 4-6:45-9:20 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:10-4-6:45-9:20 Dolby Stereo Digital, Stadium Seating Mon 4:45-8 Dolby Stereo Digital, Stadium Seating Tue 4-6:40-9:20 Dolby Stereo Digital, Stadium Seating Wed-Thu 4:45-8
Puss in Boots (G) Dolby Stereo Digital, Stadium Seating Fri 4:05-6:20-9:05 Dolby Stereo Digital, Stadium Seating Sat-Sun 1:30-4:05-6:20-9:05 Dolby Stereo Digital, Stadium Seating Mon 4:30-7:30 Dolby Stereo Digital, Stadium Seating Tue 4:05-6:20-9:05 Dolby Stereo Digital, Stadium Seating Wed-Thu 4:30-7:30
Tower Heist (PG) Dolby Stereo Digital, Stadium Seating Fri-Sun 7:25-10 Dolby Stereo Digital, Stadium Seating Mon 5:35-8:30 Dolby Stereo Digital, Stadium Seating Tue 7:25-10 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:35-8:30
The Twilight Saga: Breaking Dawn Part 1 (PG) Dolby Stereo Digital, Stadium Seating Fri 3:40-4:15-6:55-7:20-9:40-10:10 Dolby Stereo Digital, Stadium Seating Sat-Sun 12:50-1:20-3:40-4:15-6:55-7:20-9:40-10:10 Dolby Stereo Digital, Stadium Seating Mon 5-5:30-7:45-8:15 Dolby Stereo Digital, Stadium Seating Tue 3:40-4:15-6:50-7:20-9:40-10:10 Dolby Stereo Digital, Stadium Seating Wed-Thu 5-5:30-7:45-8:15 Dolby Stereo Digital, Stadium Seating Wed 1
A Very Harold & Kumar Christmas (18A) Dolby Stereo Digital, Stadium Seating Fri-Sun 7:35-10:20 Dolby Stereo Digital, Stadium Seating Mon 5:45-8:45 Dolby Stereo Digital, Stadium Seating Tue 7:35-10:20 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:45-8:45
We Bought a Zoo (PG) Dolby Stereo Digital, Stadium Seating Sat 7:30

HANDOUT

▶ Robert Pattinson and Kristen Stewart reprise their roles as Edward and Bella in The Twilight Saga: Breaking Dawn Part 1.

RIALTO
1732-152nd Street, White Rock, 604-541-9527, criteriontheatres.com

Hugo (G) Fri 7-9:15 Sat-Sun 2:10-7-9:15 Mon-Thu 7-9:15
J. Edgar (PG) Fri 7:30 Sat-Sun 2-7:30 Mon-Thu 7:30

CRITERION 4 WHITE ROCK
2381 King George Highway, 604-531-7456, criteriontheatres.com

Arthur Christmas (G) Fri 7:30-9:20 Sat-Sun 2:30-7:30-9:20 Mon-Thu 7:30-9:20
Happy Feet Two (G) Fri 7-9 Sat-Sun 2-7-9 Mon-Thu 7-9
The Muppets (G) Fri 7:20-9:25 Sat-Sun 2:20-7:20-9:25 Mon-Thu 7:20-9:25
The Twilight Saga: Breaking Dawn Part 1 (PG) Fri 7:10-9:30 Sat-Sun 2:10-7:10-9:30 Mon-Thu 7:10-9:30

COLOSSUS LANGLEY
20090-91A Ave, Langley, 604-513-8747

Arthur Christmas (G) No Passes Fri-Sat 12:30-3:20 No Passes Sun 12:35-3:20 No Passes Mon-Thu 3:35
Arthur Christmas 3D (G) No Passes Fri-Sun 1:10-4:20-7:05-10:05 No Passes Mon-Thu 4:20-7:05-10:05
Ben-Hur (STC) Sun 12:30
Collaborators (STC) Thu 7
The Descendants (PG) No Passes Fri-Sun 12:55-3:50-6:40-9:35 No Passes Mon-Tue 3:50-6:40-9:35 No Passes Wed 6:40-9:35 No Passes Thu 3:50-6:40-9:35 Star & Strollers Screening, No Passes Wed 3
Happy Feet Two (G) No Passes Fri-Sat 1-3:30 No Passes Sun 12:35-3:30 No Passes Mon-Thu 3:30
Happy Feet Two 3D (G) No Passes Fri-Sat 1:25-4-6:45-9:25 No Passes Sun 1:25-4:30-7:30-10 No Passes Mon-Thu 4:30-7:30-10
Happy Feet Two: An IMAX 3D Experience (G) No Passes Fri-Sat 12-2:30-5-7:30-9:55 No Passes Sun 1-4-7-9:30 No Passes Mon-Thu 4-7-9:30
Hugo (G) No Passes Fri-Sun 12:40-4:05 No Passes Mon-Thu 4:05
Hugo 3D (G) No Passes Fri-Sun 1:35-4:40-7:35-10:25 No Passes Mon-Thu 4:40-7:35-10:25
Immortals 3D (18A) Fri-Sun 1:40-4:35-7:40-10:25 Mon-Thu 4:35-7:40-10:25
In Time (PG) Fri 7:10-9:55 Sat 9:55 Sun-Thu 7:10-9:55
J. Edgar (PG) Fri-Sun 12:35-3:40-7:05-10:20 Mon-Thu 3:40-7:05-10:20
Jack and Jill (PG) Fri-Sun 1:20-3:55-6:50-9:45 Mon-Wed 3:55-6:50-9:45 Thu 3:55-6:50-10:30
The Muppets (G) No Passes Fri-Sun 12:50-1:45-3:55-4:30-6:55-7:20-9:40-10:10 No Passes Mon-Tue 3:55-4:30-6:55-7:20-9:40-10:10 No Passes Wed 4:30-6:55-7:20-9:40-10:10 No Passes Thu 3:55-4:30-6:55-7:20-9:40-10:10 Star & Strollers Screening, No Passes Wed 3
My Week With Marilyn (PG) Fri-Sun 1:30-4:25-7:15-10 Mon-Thu 4:25-7:15-10
Puss in Boots 3D (G) Fri-Sat 12:20-2:50-5:20-7:45-10:15 Sun 12:35-2:50-5:20-7:45-10:15 Mon-Thu 5:20-7:45-10:15
Raiders of the Lost Ark (STC) Mon 7
Tower Heist (PG) Fri-Thu 7:20-10:10
The Twilight Saga: Breaking Dawn Part 1 (PG) No Passes Fri-Sat 12:15-12:45-1:15-3:15-3:45-4:15-6-6:30-7-7:30-9-9:30-10:05-10:30 No Passes Sun 12:30-12:45-1:15-3:15-3:45-4:15-6-6:30-7-7:30-9-9:30-10:05-10:30 No Passes Mon 3:30-3:45-4:15-6-6:30-7:30-9-9:30-10:05-10:30 No Passes Tue 3:30-3:45-4:15-6-6:30-7-7:30-9-9:30-10:05-10:30 No Passes Wed 3:15-3:45-4:15-6-6:30-7-7:30-9-9:30-10:05-10:30 No Passes Thu 3:30-3:45-4:15-6-6:30-7:30-9-9:30-10:05-10:30
A Very Harold & Kumar Christmas (18A) Fri-Sat 1:50-4:45-7:50-10:15 Sun-Thu 4:45-7:50-10:15
We Bought a Zoo (PG) No Passes Sat 7

TWILIGHT DRIVE-IN
260th Street & Fraser Highway, Langley, 604-856-5063

Tower Heist (PG) Fri-Thu 9:40
The Twilight Saga: Breaking Dawn Part 1 (PG) Fri-Thu 7:30

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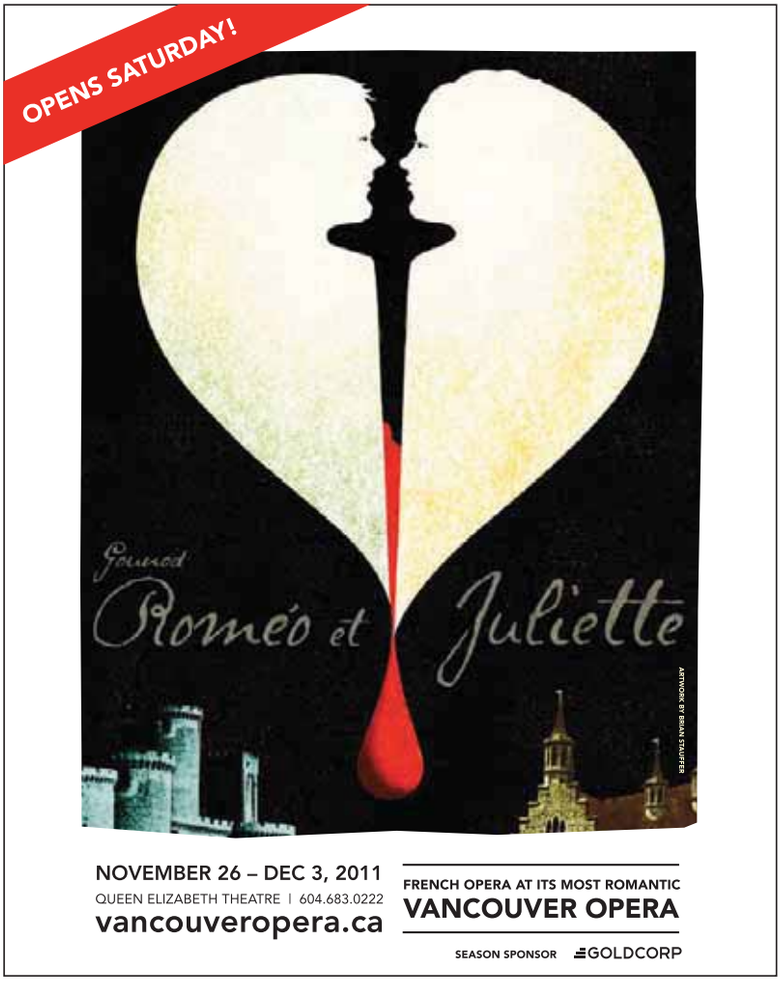

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Hell on Wheels is an 'important show'

Common plays a slave in role that defies stereotypes about slavery

FREDERICK M. BROWN/GETTY IMAGES

▶ Actors Common, left, and Anson Mount attend the Premiere of AMC's Hell on Wheels in Los Angeles.

The history of slavery in America is a history of resistance and rebellion. Yet, movies and TV do not always showcase those themes.

That's one reason why the rapper Common is excited about AMC's new series, Hell on Wheels, a Western that chronicles the building of the transcontinental railroad.

Common plays mixed-raced former slave Elam Ferguson, who works on the rail system.

Portraying a slave, he says, is a big deal, particularly because his character defies the stereotypes often seen in films and television.

"A lot of times we've seen slaves obviously going through so much pain and trouble, they were oppressed and downtrodden, so it was more of a lower position. (My character) has been through a lot of things, but is holding his head up high and his shoulders are up strong," says Common, who was born Lonnie Rashid Lynn Jr.

At first, Common says he wasn't interested in a TV role, but then his agent suggested he read the script for Hell on Wheels. Common says it's the first time he has played a character so complex.

The Grammy-winning entertainer researched by reading about African slaves of the 19th century and visiting former plantations in South.

He calls his journey "deep" and "heavy."

"I feel blessed that I'm able to represent what a black man, what a black person was at that time," he says, "but it definitely was some weight and some pain."

The series, which airs Sundays at 10 p.m. ET, was filmed in Canada.

It centres on Cullen Bohannon (Anson Mount), a former Confederate soldier and slaveholder who is avenging the death of his wife.

Bonhannon set his slaves free a year before the Civil War. He takes a job overseeing the workers on the transcontinental railroad, which includes Elam Ferguson (Common).

Common, who appeared in Smokin' Aces, American Gangster and Terminator Salvation, and does a voice in Happy Feet Two, says the show focuses on issues that still exist in today's world.

"Things that we try to hide and put under the table, things that we act like, 'Oh no, that's not how I feel' — some of that is still there from hundreds of years back. It's still in us and we've got to remove it," he says.

"Along with it just being entertaining and being fresh — it's an important show." THE ASSOCIATED PRESS

N-word

- One experience in filming the show was really difficult for Common: when white cast members used the N-word.
- "Even if you try to think that they're acting, it still just doesn't feel right," he says. "You get that feeling like, 'Man, this is not good.'"

TV PICKS

IRON MAN POWERS ONTO THE SCREEN

Most scripted network series have Friday night off thanks to U.S. Thanksgiving, but there's a bevy of feature films on offer instead.

Fox and Global will show the comic-book extravaganza Iron Man, NBC and CTV counter with the Nicolas Cage adventure National Treasure: Book of Secrets.

On ABC and CTV Two, meanwhile, is the animated smash Shrek the Third.

GET YOUR CHRISTMAS FILL EARLY

It's less than a month until Christmas and your TV will not let you forget it.

But it's tough to resent the inevitable flood of holiday-themed specials when the programming is as enjoyable as Will Ferrell's goofy 2003 comedy Elf, which airs Saturday on Showcase following the 1997 family film Dear Santa.

THE CANADIAN PRESS

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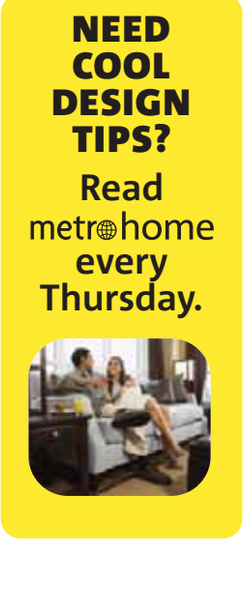

RECORD STORE NOSTALGIA

SOUND CHECK

ALAN CROSS
SCENE
@METRONEWS.CA

As CD sales continue to crater, record stores have to reinvent themselves.

Naturally, some of us grow misty at what record store shopping used to be like.

No. 1: Separate sections for vinyl, CDs and pre-recorded cassettes
People forgot that pre-recorded cassettes were briefly better sellers than vinyl or CDs. Back in the middle '80s, if you couldn't find that album on one format, chances are you'd find it in one of the other sections.

No. 2: The 45 section
I used to spend hours flipping through the singles section at Sam the Record Man. I couldn't afford full albums but I could afford a 99-cent 45.

No. 3: The longbox
Retailers initially resisted stocking CDs because they had spent millions on shelving displays for both vinyl and cassettes. Now the labels wanted more investment in new shelving? A compromise was reached in the form of the "longbox," wasteful paper and/or plastic packaging that was about as wide as a CD but 12 inches long. This meant two rows of CDs could occupy the same bin space as one row of albums.

No. 4: Midnight Record Sales
In the days before the Internet, the only way to be the first of your friends to own the new album from your favourite group was to line up outside the record store on the day it came out.

No. 5: The big record catalogue
Somewhere in these old record stores was a giant catalogue of available albums and singles across all genres. Generally it was clamped to a heavy stand somewhere that the clerks could make sure that no one was ripping out pages.
This is where one would look to see if a record that wasn't in stock was even available. If it was, you'd order it by its catalogue number.

Quaint, I know, but I still miss this stuff.

ALAN IS THE HOST OF THE RADIO SHOW THE SECRET HISTORY OF ROCK. REACH HIM AT ALAN@ALANCROSS.CA

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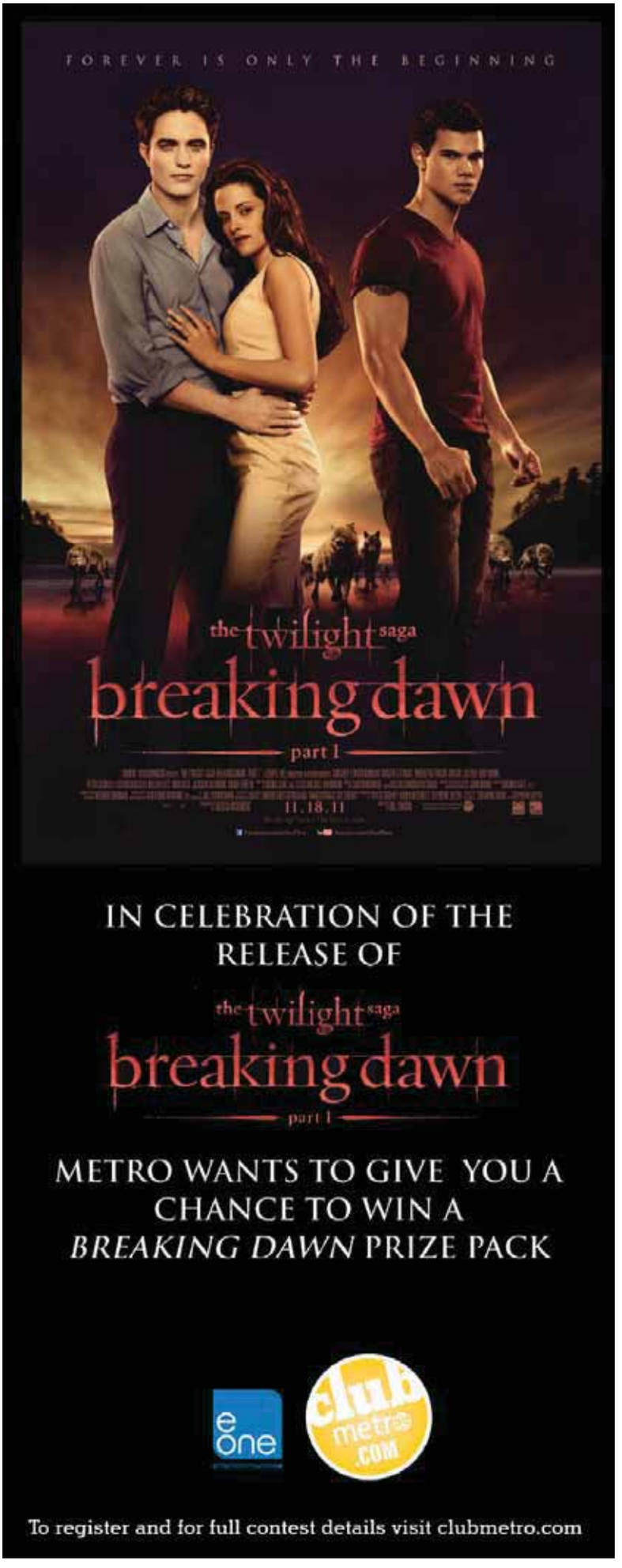
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▶ Miley Cyrus

Birthday girls heart unicorns

Miley Cyrus celebrated her 19th birthday in style with a lavish private party at the nightclub Beacher's Madhouse inside the Roosevelt Hotel in Hollywood, according to Us Weekly.

"Her mom, Tish, went and so did her boyfriend, Liam [Hemsworth]," a source says of the party, which was put together by pal Kelly Osbourne.

"The group was up until 3 a.m. just dancing up a storm and having fun."

Cyrus definitely seemed pleased, calling the event "the best party ever" on Twitter.

"Let's just say there was a unicorn in the lobby," she tweeted.

And according to E! News, there was in fact a horse with a horn attached to its head inside the party.

METRO

Third time's the charm for Brit?

Rumour has it Britney's beau is shopping for an engagement ring Don't expect anything too bling — source says ring is 'classy and under four carats'

Britney Spears may be gearing up to tie the knot for the third time, as her boyfriend, Jason Trawick, is reportedly close to finding the perfect engagement ring for the singer, according to Radar Online.

"He has been everywhere from Tiffany to Harry Winston looking for a ring and he is close to making his final decision," a source says.

"Don't expect anything too massive or obnoxious. This ring will be classy and under four carats."

"Britney and Jason discuss marriage all the time. Britney is truly in love with Jason, and well, Jason has loved her for a very, very long time."
SOURCE

And a wedding for the two is reportedly just a matter of when, not if, according to another source.

"Britney and Jason discuss marriage all the time. Britney is truly in love with Jason, and well, Jason has loved her for a very, very long time."

METRO

ALL PHOTOS GETTY IMAGES

▶ Britney Spears and Jason Trawick

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Yeater's camp just won't stop 'Beliebin'

It looked like Justin Bieber's paternity suit drama was over, but now lawyers for Mariah Yeater say the young mother is ready to compare her 4-month-old son's DNA with Bieber's, Jeffrey Leving, Yeater's attorney, tells TMZ.

▶ Justin Bieber

And Leving and his team already seem to be planting the seeds for a defence if the results don't come back in their favour, as Leving notes that no one from their team was present when Bieber took his DNA test last week, so they can't say for sure it was done properly or is valid.

METRO

Celebrity tweets

@MissKellyO
"The single biggest problem in communication is the illusion that it has taken place."

@MileyCyrus
I don't wanna be shaped like a girl I LOVE being shaped like a WOMAN & trust me ladies your man wont mind either ;)

@RedHourBen
Just realized I have not tweeted for while. Hello.

@joelmchale
Was wrestling my 6 yr old yesterday. He elbowed me in the teeth so hard that I spat out bits of my newly chipped front tooth.

Great eats on Grey Cup day

Game day is all about food, friends and football
Try some tasty variations on pulled pork This Grey Cup recipe can be prepared ahead of time so you can enjoy the game

DINNER EXPRESS

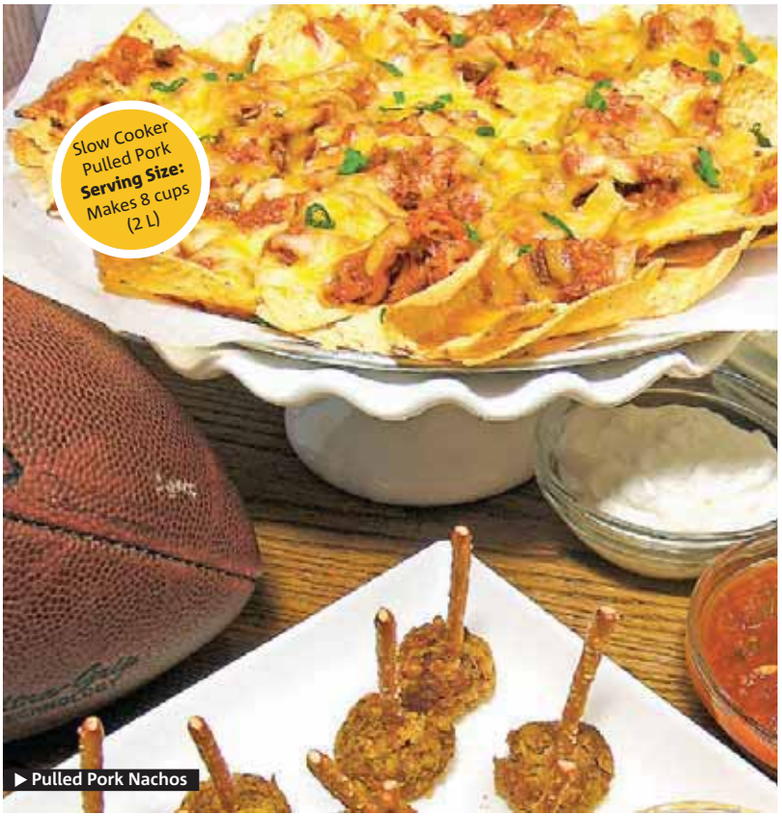
EMILY RICHARDS
FOOD@METRONEWS.CA

It's game time! Pull out your tortilla chips for this Grey Cup recipe. When watching the game this Sunday and rooting for the B.C. Lions or Winnipeg Blue Bombers, enjoy some delicious food that can be made ahead of time and enjoyed with family and friends during the game.

Slow Cooker Pulled Pork Preparation:

This pulled pork is perfect for a crowd and can be enjoyed on buns as sandwiches or spooned over fries, then sprinkled with cheese and baked for pulled pork poutine. My new game favourite is enjoying pulled pork nachos.

EMILY RICHARDS



▶ Pulled Pork Nachos

1. In slow cooker, whisk together passata, onion, sugar, Worcestershire sauce and garlic; set aside.
2. In small bowl, combine oil, chilli powder, dry mustard, salt and pepper. Rub all over pork roast to coat..
3. Heat large non-stick skillet over medium-high heat and brown pork roast on all sides. Place in slow cooker. Turn slow cooker on low for 8 to 10 hours or on high for 4 to 6 hours or until pork is fork tender. Remove roast from slow cooker and using 2 forks, shred meat and remove fat. Return pork to slow cooker and stir to coat with sauce.

Slow Cooker Pulled Pork Ingredients:

- 1 jar (680 mL) tomato passata (strained tomatoes)
- 1 onion, grated
- 1/3 cup (80 mL) packed brown sugar
- 2 tbsp (30 mL) Worcestershire sauce
- 2 cloves garlic, minced
- 1 tbsp (15 mL) canola oil
- 2 tbsp (30 mL) chilli powder
- 1 tbsp (15 mL) dry mustard
- 1/4 tsp (1 mL) each salt and pepper
- 1 pork shoulder roast, about 3 lb/1.5 kg

Liquid Assets

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

I don't come to football naturally. I'm much more of a baseball kind of guy. But thanks to my in-laws' passion for the game I've learned to appreciate the art that goes into throwing the old pigskin around.

While many of you will be toasting this year's face-off with a beer, I prefer a glass of vino or two.

Taking a cue from each team's colours (and knowing that cheesy nachos will be on the menu), I went searching for a couple of similarly dressed liquids.

To represent the Bombers my pick is the Schmitt Söhne 2010 Relax Riesling ($11.95 - $14.29), a fast food-friendly German white with a sweet, soft apple personality and groovy, cobalt blue bottle.

To support the Lions, the orange labelled Barefoot Cellars Shiraz ($9.99 - $10.99), which offers up soft, lightly spiced jammy berry fruit, works well with eclectic cuisine.

PETER ROCKWELL IS THE EVERYMAN'S WINE WRITER, WORKING IN THE LIQUOR INDUSTRY FOR MORE THAN 25 YEARS AND TRAVELLING THE GLOBE LOOKING FOR SOMETHING TO FILL HIS GLASS AND PUT INTO WORDS.

3 life

Not into football?

Those of you who aren't settling in for an evening of gridiron gratification on Sunday still have options. MovieTime has Anchorman: The Legend of Ron Burgundy, IFC is airing 2001's cult favourite Wet Hot American Summer, and Bravo has 2007's Knocked Up.

THE CANADIAN PRESS

Study calls sodium intake guidelines into question after surprising find

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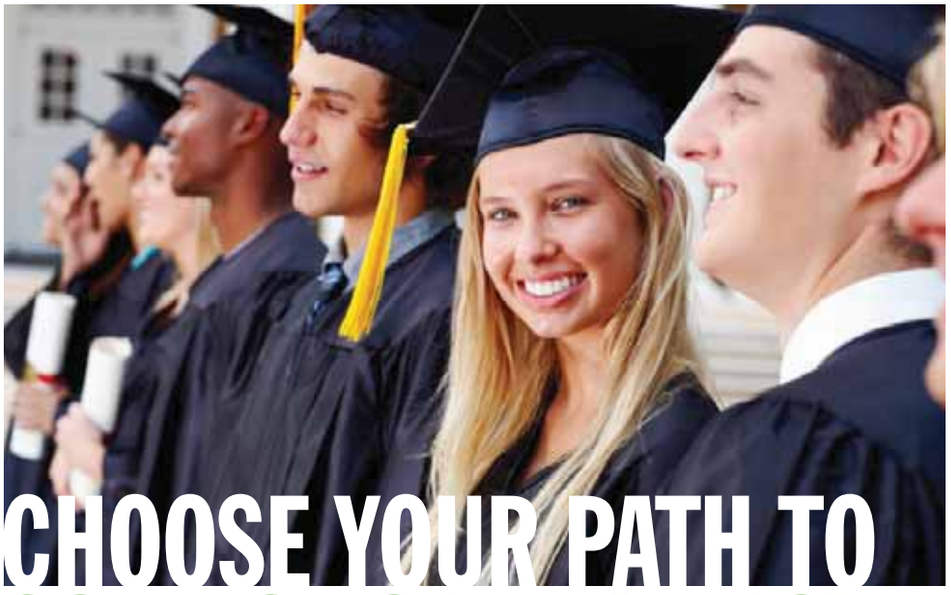

CHOOSE YOUR PATH TO COLLEGE OR UNIVERSITY

The Business Council of British Columbia conducted a study in 2003 to examine the job opportunities available to those pursuing post-secondary education. The study determined that 75 per cent of jobs required more than a high school diploma. Now, eight years later, that number has increased as more and more employers are seeking to hire people with valued post-secondary credentials.

Post-secondary education does not necessarily mean a university degree. The job market has changed radically in the past few years. Today's grade 12 students do not need to choose between attending college and university, as many will attend both.

Prospective students need to carefully examine all facets of the institutions they are considering for their post-secondary education. Education career fairs provide visitors with the opportunity to learn more about the different schools and their various programs, and get answers to some of the important questions you should consider when choosing a school. No one institution will meet the needs of all prospective students, but students need to determine which one is best equipped to assist them in achieving their long-term goals.

Community colleges offer a wide range of career programs. Career programs combine in-class theory with hands-on practical experience. Learners can earn a certificate in one year or less or a diploma in two to three years, and then step directly into the workforce.

Aside from being highly employable, college graduates can also choose to transfer their college credits directly into third year studies and complete a university degree. That often means transferring into a B.C. university, or elsewhere in Canada. The transfer system in B.C. is the envy of Canada. There is an easy-to-use online guide at bctransferguide.ca, which is developed by one of the fair's exhibitors, British Columbia Council on Admissions & Transfer (BCCAT), to pre-determine which college courses will transfer into B.C. universities and colleges.

Another option for B.C.'s graduates is to complete their degree at their local community college. In the past few years, legislative changes gave B.C. colleges the right to offer full degree programs. As a result, B.C.'s colleges are developing new programs that focus on the practical skills and specialized knowledge required by industries. These new degree programs are being designed as a next step so diploma graduates can transition smoothly into third year studies when they are ready to advance their education.

This year, myBlueprint is on board as a sponsor and exhibitor of the career fair events in Abbotsford and Vancouver. This school year, the myBlueprint team has continued its commitment to driving innovation in Canadian Career Development resources with the launch of myBlueprint Education Planner v3.0. This next-generation tool was developed with input from thousands of counsellors, teachers and students and is designed to considerably simplify the education planning process. Visit myBlueprint's booth at the Vancouver event and get informed about this amazing educational planner opportunity.

If you are interested in discovering your post-secondary education path, visit educationcareerfairs.com and click on the events tab to see the exhibitor lists of the upcoming Vancouver Education & Career Fair. Head to the fair on Wednesday, Nov. 30 to explore the thousands of possibilities.

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DISCOVER YOUR FUTURE

Congratulations! If you are reading this article, you are likely planning to pursue post-secondary education. You probably already know that the amount of education you have can broaden or limit your career options. It can determine whether you can find employment, the type of careers available to you, your chance of finding a career you are passionate about, and how much money you will earn. One of the biggest perks of a diploma, degree, or trade certification is that these credentials have been proven to guarantee a higher income. Individuals who attain some post-secondary education or training tend to earn more. In other words — a post-secondary education definitely pays off!

Many people are overwhelmed by the variety of education and training options available to them. Which one is right for you and how do you choose? There are a lot of possibilities, and may even include a combination of several options. The key is figuring out which is right for you. Ask yourself the big questions:

- What types of occupations do I find interesting?
- What do I want to get out of further education?
- Where do I want to be in five years?
- What kind of learner am I?
- What type of school is the best fit for me?
- What career benefits come from obtaining this type of educational pursuit?

The Vancouver Education & Career Fair is a one-day event that will be held at the Vancouver Convention Centre – East Facility on Wednesday, Nov. 30. The event is open from 9 a.m.-7 p.m. and admission is only $5.

More than 5,000 job seekers, career changers, adult learners, and those choosing a post-secondary institution are expected. The event will allow attendees the opportunity to interact with more than 100 exhibitors who are representing a wide range of higher education options, careers, employment, government agencies, and professional associations from B.C., other Canadian provinces, the United States and international destinations. The representatives will be providing information such as course offerings, admission requirements and other details important to the selection process. A variety of industries such as culinary arts, health care, media arts, esthetics, trades and aviation will be on hand to provide participants with information about their industry and what it takes to excel within it.

Attendees will also have access to seminar sessions that are presented by industry professionals. The seminars are 30 minutes in length and cover details about certain industries and in-demand careers in the labour market.

This is a great opportunity for parents to come in as well and meet with the representatives. More information about the events, the complete exhibitor list, seminar programs and scholarship opportunities are available at educationcareerfairs.com.

These events are unique in that attendees are able to speak one-on-one with school representatives and be exposed to career options that they may not have known about previously. Attendees have the opportunity gain valuable information, which could literally change the course of their lives.

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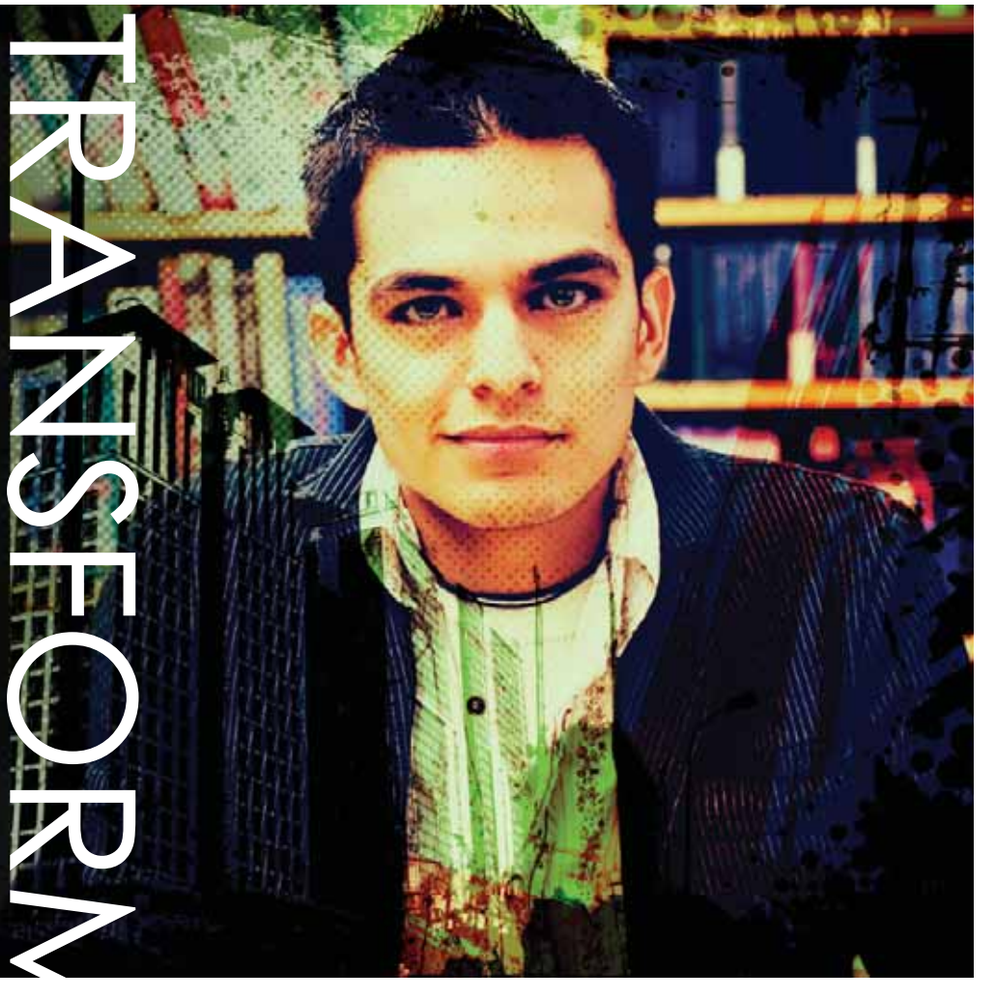


LOOKING TO CHANGE YOUR CAREER? GET A NEW OUTLOOK!

Get a jumpstart on your career next week when the Vancouver Education & Career Fair comes to the Vancouver Convention Centre – East Facility on Wednesday, Nov. 30 from 9 a.m.-7 p.m. Employers and educators will be on-site to answer questions and offer a host of information.

Do some research ahead of time and come armed with your resumé and questions. The Education & Career Fair is the place to showcase your talents.

Looking for a new career direction? The seminar series is an excellent opportunity for career changers and adult learners to find information about different career options. And with employers from industries ranging from the trades to health to finance, there's bound to be something for everyone — don't miss the opportunity to speak one on one with employers actively seeking to hire new employees and offer more information about their industry.

Admission at the door is $5 (cash only). For more information about attending or exhibiting at the Education & Career Fairs, visit educationcareerfairs.com or e-mail info@educationcareerfairs.com. Bring a friend and get our 2 for 1 coupon on our home page!

EXPLORE YOUR TEEN'S FUTURE POSSIBILITIES AT THE VANCOUVER EDUCATION & CAREER FAIR

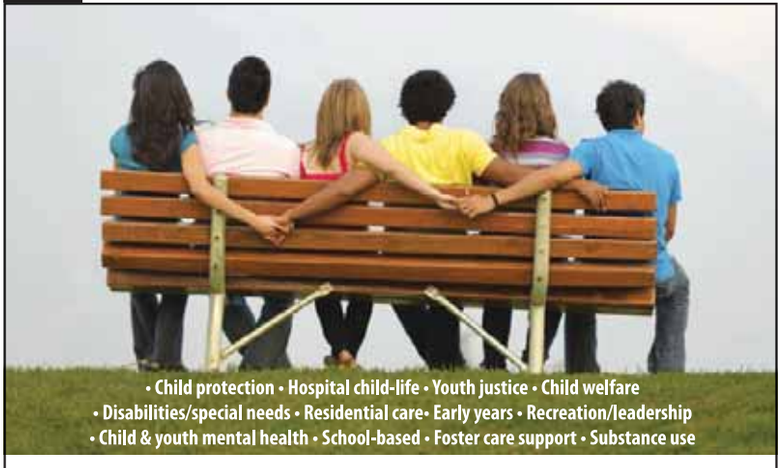
As a parent, you are likely assisting your child with their plans to pursue post-secondary education. The decision will determine whether they find employment, the type of careers available to them and their chance of finding a career that they are passionate about and can make a good living pursuing.

One of the biggest perks of a diploma, degree, or trade certification is that these credentials have been proven to guarantee a higher income. In other words — a post-secondary education definitely pays off.

Both of you are probably overwhelmed by the variety of education and training options available. Options include University, College, Private Institutions, Trades Training, Apprenticeship, Adult Education, Mature Students and Distance Education.

This is where the Vancouver Education & Career Fair comes in. On Wednesday, Nov. 30, you will have the opportunity to speak with representatives from throughout North America and destinations abroad. You and your child will be able to discuss course offerings, admission requirements, school features, and all of the important issues that are crucial to making a great choice.

Visit educationcareerfairs.com to see the full list of exhibitors and the seminar schedule. For more details, contact us at info@educationcareerfairs.com.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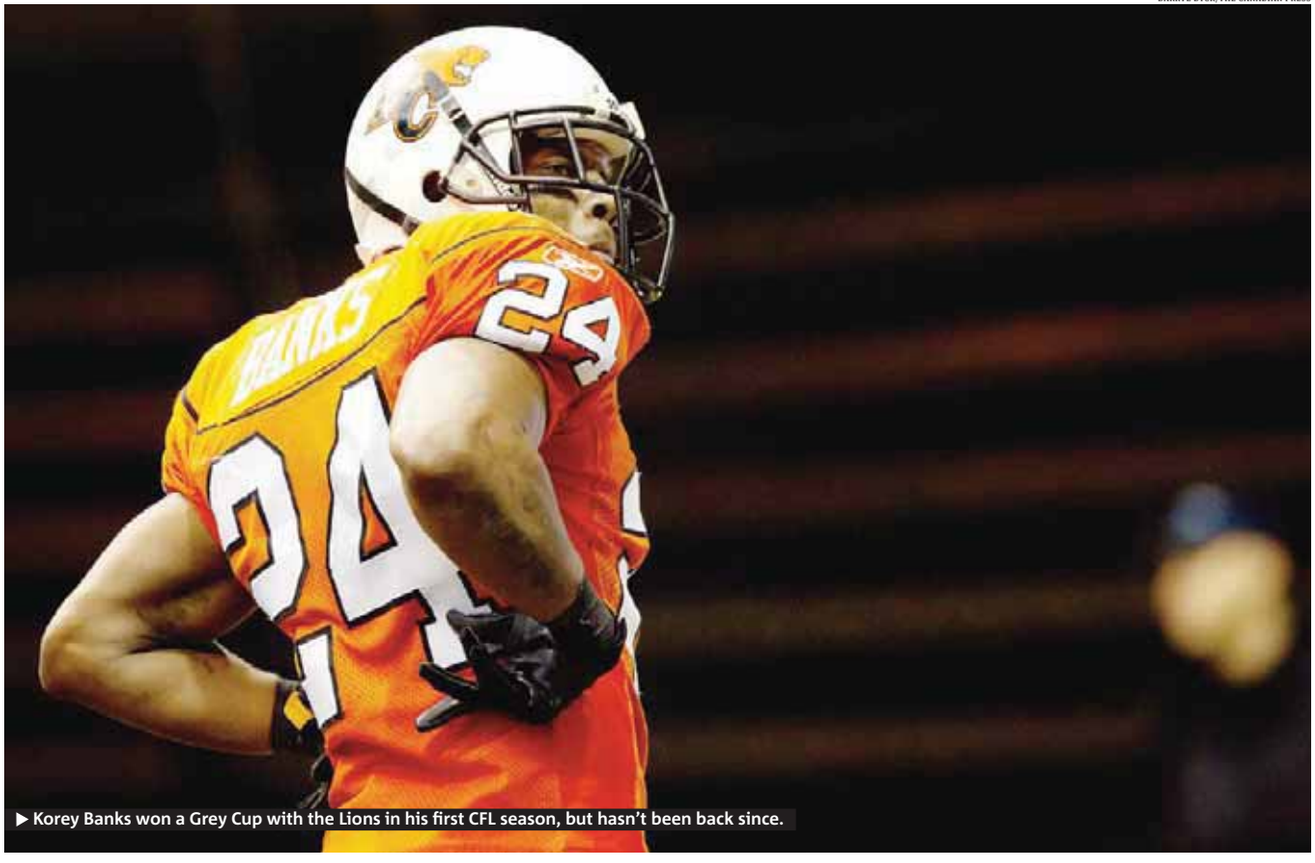
- 'I could play 10 more years in the league and might not reach a Grey Cup again': DB Banks

DARRYL DYCK/THE CANADIAN PRESS



▶ Korey Banks won a Grey Cup with the Lions in his first CFL season, but hasn't been back since.

When opportunity knocks, the B.C. Lions haven't always answered.

Some very good Lions teams have missed chances to play in the Grey Cup and that's why Sunday's big game against the Winnipeg Blue Bombers is especially important to a number of the club's older players.

Receiver Paris Jackson broke into the league in 2003. He played on the B.C. team that lost the 2004 Grey Cup and was a member of the last Lions championship squad in 2006.

"I was thinking every two years we would be in the Grey Cup," Jackson said Thursday as he ate salad and sandwiches with his teammates at a luncheon.

"Now I'm 31 years old and it's been five years since we've been to a Grey Cup. You have to cherish these moments."

Defensive back Korey Banks won a Grey Cup in his first year with B.C. in 2006. Since then the Lions have played in four division finals but their only win came this year against Edmonton.

"It's a blessing (to reach the Grey Cup) but it's only a blessing for one team Sunday. I want to be on that team. It's all about winning. It will hurt more if you don't win," said the 32-year-old Banks. "I'd rather not make the playoffs than lose the Grey Cup."

The Lions have 14 players over 30 years old. For some, winning a Grey Cup could be now or never.

"With the younger players ignorance is bless in a way," said 35-year-old defensive tackle Brent Johnson. "You think there is going to be a lot more opportunities.

"That doesn't always pan out."

Slotback Arland Bruce has made the most of his opportunity with B.C.

Bruce looked like a castoff when the Lions obtained him Aug. 3 from the Hamilton Tiger-Cats for a third-round draft pick in 2012 and an additional conditional selection.

Bruce's ability to make catches in a crowd and create the big plays is one of the reasons a B.C. team that looked like a joke starting the season 1-6 had the last laugh by winning 11 of their last 12 games.

The 34-year-old knows a turnaround like this year doesn't come often. He has played in two Grey Cups, losing in 2001 with Winnipeg but winning when Toronto beat the Lions in 2004.

"I was telling some of the young guys to enjoy this moment because it's super tough to get to this point," said the Kansas City native, who talks almost as fast as he runs.

"The Grey Cup means so much. I wake up every day just thanking God to allow me to be in this situation to win another championship. From how the season started to be here now is a great feeling. I am going to take advantage of it."

THE CANADIAN PRESS

BOMBERS | LIONS

▶ **Time:** 3 p.m.
TV: TSN

5 crazy CFL Grey Cup facts

1. The original price tag for the sterling-silver cup, crafted by Birks Jeweller, was $48. In 2009, it was appraised at $75,000.
2. In Dec. 1969, the cup was stolen from the Rough Riders' offices in Ottawa. Police received an anonymous tip and recovered the trophy from a Toronto hotel locker-room.
3. In 1947 the cup was recovered from a fire in 1947 that destroyed hundreds of artifacts from the Argonaut Rowing Club.
4. The cup was broken on four separate occasions, most recently by the B.C. Lions in 2006 when they accidentally broke the cup from its base.
5. The cup stands one metre tall and weighs nearly 4.5 kilograms.

METRO

4 sports

Canucks preview

Canucks at Coyotes, Friday, 6 p.m. TV: SNET

Radim Vrbata has 10 goals in his last 11 games and 15 points in his last 12. He scored twice to help Phoenix (11-6-3) defeat Anaheim 4-2 on Wednesday and is a big reason the Coyotes are 9-3-2 in their last 14 games. Oliver Ekman-Larsson and Keith Yandle also scored on Wednesday, showcasing Phoenix's tendency to generate offence from the back. With the team clicking well, it's difficult to see where the freshly signed Kyle Turris fits in. Daymond Langkow will join the team tonight after missing seven games due to a death in the family.

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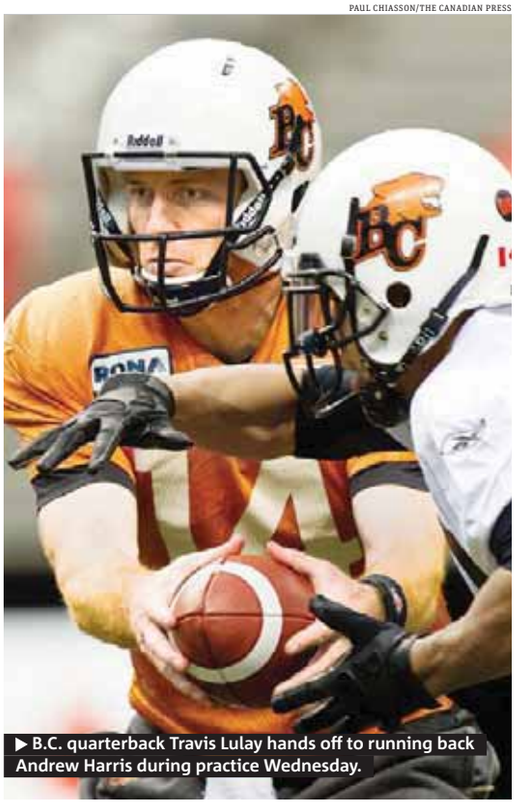
PAUL CHIASSON/THE CANADIAN PRESS

▶ Winnipeg quarterback Buck Pierce hands off to running back Chris Garrett during practice Wednesday at BC Place Stadium in Vancouver.

PAUL CHIASSON/THE CANADIAN PRESS



▶ B.C. quarterback Travis Lulay hands off to running back Andrew Harris during practice Wednesday.

Sifting through Grey Cup grey areas

CFL EXTRA POINTS

DAN TOTH
SPORTS@METRONEWS.CA

Winning one-on-one battles and performing your best despite game-day jitters on the CFL's biggest stage separates champs from chumps.

Here's a look at four factors that should decide Sunday's 99th Grey Cup game in Vancouver.

1 Quarterbacks
Lions will win if: QB Travis Lulay, the man who was named CFL Most Outstanding Player of 2011 Thursday night, maintains his composure and doesn't get caught up in the hoopla that will surround him on home turf in his first Grey Cup appearance.

The Bombers win if: Gritty QB Buck Pierce carries the Bombers on his back as he's done so many times this season, completing remarkable passes, scrambling to avoid the oncoming pass rush and running with the ball when nothing else will work. Revenge would also be sweet for the man dumped by B.C. two years ago.

2 Receivers
The Lions will win if: Leos legend Geroy Simon and first-year Lion Arland Bruce, possibly the CFL's most dangerous receiving tandem, find open room in the Bombers secondary as double teaming both is nearly impossible. They combined for 10 catches and a TD in the West final.

The Bombers will win if: The Bombers have never replaced Milt Stegall, but the multiple threats provided by Clarence Denmark, Terrence Edwards and Greg Carr give Pierce plenty of targets and any one could emerge as the game's top star.

3 Running backs
The Lions will win if: RB Andrew Harris can provide them with a balanced attack by posting positive yards on first down and keeping Lulay out of second-and-long situations. His success keeps the Bombers defence honest.

The Bombers will win if: Dynamic running back Chris Garrett can somehow produce a performance as sensational as the East final, one of the epic games in Blue Bombers history. If the passing game should fail, Garrett could still carry his team to victory as he did last Sunday.

4 Defence
The Lions will win if: Their tough defence can manhandle the Bombers offensive line, as they did in making Ricky Ray look very average in the West final, and doesn't give Pierce time to operate. That pass rush could make it a long day for the Bombers QB.

The Bombers will win if: The cocky and confident group that dubbed itself Swaggerville can stop the Lions run, create some second-and-long situations, and set the stage for the secondary to come up with some big turnovers.

Lions' Lulay wins CFL top player award

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ B.C. quarterback Travis Lulay holds his CFL Most Outstanding Player award Thursday in Vancouver.

Quarterback Travis Lulay of the B.C. Lions was named the CFL's outstanding player Thursday night.

Lulay received the award ahead of Anthony Calvillo of the Montreal Alouettes in voting conducted by the Football Reporters of Canada and the CFL's eight head coaches.

Lions teammate Paul McCallum was named the top special-teams player. The other winners included Edmonton Eskimos tailback Jerome Messam (Canadian), Winnipeg Blue Bombers cornerback Jovon Johnson (defensive player), Montreal Alouettes tackle Josh Bourke (lineman) and Hamilton Tiger-Cats receiver Chris Williams (rookie).

Hamilton quarterback Kevin Glenn received the Tom Pate award for outstanding community service.

Lulay, 28, enjoyed a banner first full season as B.C.'s starting quarterback. The third-year pro finished second to Calvillo in passing yards (4,815 to Calvillo's 5,251) but finished tied with the Montreal veteran in TD strikes (32).

What's more, Lulay helped the Lions turn their season around. After opening with five straight losses, Lulay led B.C. to victory in 11 of its final 13 games and a 40-23 West Division final win over Edmonton last weekend.

Lulay and the Lions will cap their season Sunday in the Grey Cup game against Winnipeg.

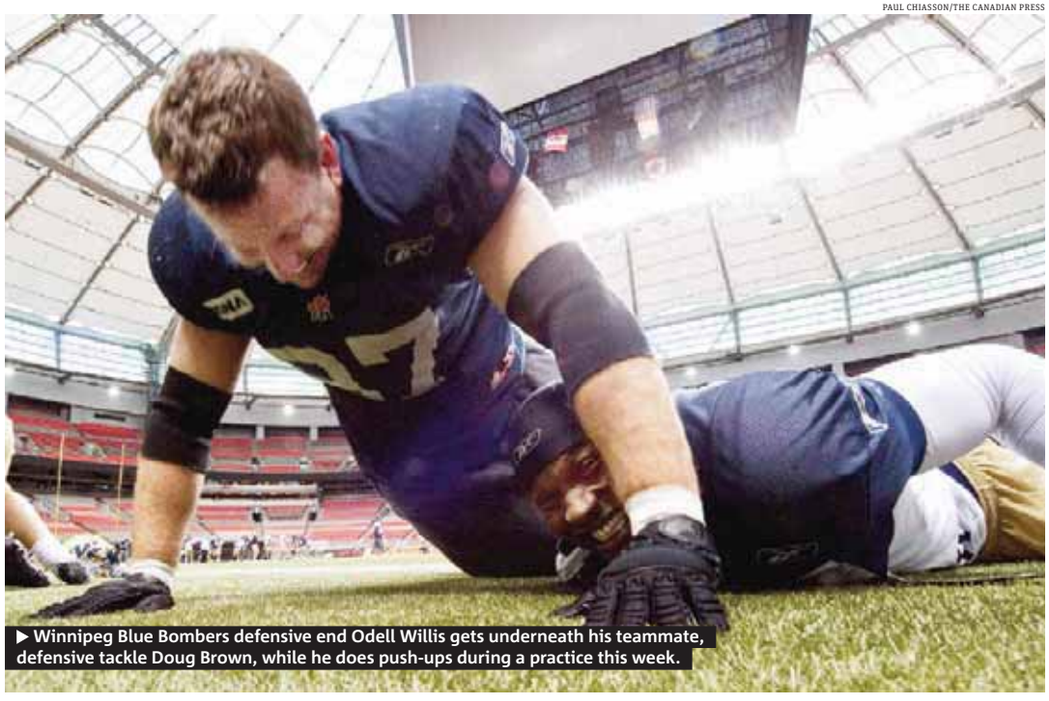
Calvillo, 39, was looking to capture the outstanding player award for a fourth time. Earlier this season, he broke Damon Allen's all-time CFL records for touchdown passes, attempts and passing yards.

THE CANADIAN PRESS

Swaggerville lives on

Blue Bombers defence puts nickname on the back burner, but keeps confident attitude

PAUL CHIASSON/THE CANADIAN PRESS



▶ Winnipeg Blue Bombers defensive end Odell Willis gets underneath his teammate, defensive tackle Doug Brown, while he does push-ups during a practice this week.

The nickname Swaggerville has not been heard much in the leadup to the Grey Cup game.

But the Winnipeg Blue Bombers' defence, which adopted the name as a sign of their skill and determination to stuff every offence in the CFL, says Swaggerville is alive and well inside their locker-room, even if they don't shout it out to the world any more.

"Oh yeah, it still lives, it's just something we don't talk about publicly any more," cornerback Jovon Johnson said Thursday. "We just let our play speak for itself."

Any hope the underdog Bombers have of upsetting the B.C. Lions in the Grey Cup game at BC Place on Sunday will likely rest on the defence's ability to stop Lions quarterback Travis Lulay and star receivers Geroy Simon and Arland Bruce.

Winnipeg certainly had the defensive numbers to crow about this season, leading the league in 12 categories, including 55 sacks and 25 interceptions.

When the team that went 4-14 in 2010 started this season 7-1, the name Swaggerville was on everyone's lips as a rallying call. But it faded away as the Bombers went 3-7 down the stretch.

Johnson said the nickname actually dates to 2009, but didn't become public until the team emerged as a winner. Then it was put on mute.

"It became somewhat of a distraction," said Johnson. "It was all fun when it started.

"But after a while, with all the attention to it, all the other teams took notice and they got mad and it was just giving everybody extra motivation to play against us."

Among other bests, the Bombers allowed their opponents the lowest average yards of offence per game at 301.1, the fewest yards per pass at 7.1, the fewest passing yards per game at 223.1 and lowest percentage of pass completions at 56.7 per cent.

Winnpeg's defence starts with the line, where six-foot-eight Doug Brown crowds the middle so that rush ends Odell Willis and Kenny Mainor can chase down quarterbacks. Willis tied with Hamilton's Justin Hickman for the CFL sacks lead with 13 while Mainor had eight.

"They get pressure on the quarterback and that allows us to do what we do on the back end," added Johnson. "It's hand in hand. We help them get sacks and they help us get picks. We've got the perfect blend of defence."

Sharing the spotlight is the secondary, with Johnson, Jonathan Hefney, Alex Suber and Deon Beasley along with safety Ian Logan. They form the league's most respected unit.

THE CANADIAN PRESS

Sibling rivals

The Grey Cup game will be a family affair for brothers Henoc and Cauchy Muamba.

▶ Henoc Muamba, 22, is a rookie linebacker and special-teams performer with the Winnipeg Blue Bombers while Cauchy Muamba, 24, is a second-year safety and special-teams player with the B.C. Lions.

Grey Cup helps ease grief of B.C. trainer

It was a short reprieve from a storm of emotion.

For a couple of hours veteran trainer Bill Reichelt could focus on the B.C. Lions as they prepared for the Grey Cup. But as Reichelt stood on the sidelines watching practice, thoughts of his son's tragic death were not far away.

"It's hard," Reichelt said Wednesday, his voice a near whisper. "Your thoughts are not here.

"You have to get your mind off things every once in a while. You are just overwhelmed. You are almost numb. It's good to deflect stuff and get your mind on something else for a little bit."

Reichelt's 18-year-old son Dylan died in a car accident Nov. 12. Dylan and his twin brother Jesse both worked at home Lions games.

Reichelt, has spent over 30 years as the Lions' trainer.

The Blue Bombers also dealt with adversity this season when defensive line coach Richard Harris died suddenly of a heart attack on July 26.

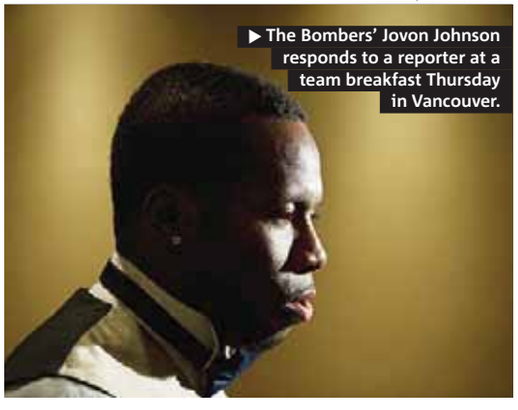
The 63-year-old bear of a man, who also coached with the Lions, was on many minds at practice.

"I think it's pretty poetic that these two teams get to face each other again," said Winnipeg coach Paul LaPolice.

"I'm sure the big man is smiling down this morning. THE CANADIAN PRESS

Johnson looking for ring redemption

PAUL CHIASSON/THE CANADIAN PRESS



▶ The Bombers' Jovon Johnson responds to a reporter at a team breakfast Thursday in Vancouver.

The last time Jovon Johnson got a Grey Cup ring he sold it on eBay. Now he wants one he will keep.

The Winnipeg Blue Bombers all-star defensive back said Thursday he got $10,000 for the ring he was given as a non-playing member of the Saskatchewan Roughriders in 2007.

He put it up for auction, at a starting price of $2,500, because he felt he hadn't earned it.

"Another reason I sold it was that going into the Grey Cup they put me on the practice roster, so going from a chance to make $16,000 to only making $500, that's a big difference," he said.

"I have other rings. I won two Big 10 championships in college (with Iowa)."
BOMBERS DB JOVON JOHNSON

He doesn't recall who bought the ring.

"Some guy from Calgary, I think," he said. "For them to put me on the practice roster going into the Grey Cup game, it was like a slap in the face to me."

Johnson said things soured in Regina when he got into an argument during practice with Riders offensive co-ordinator Paul LaPolice, now his head coach in Winnipeg. He said the coach didn't like that he wasn't allowing receivers to make catches during offensive drills.

Johnson said now they get along fine.

THE CANADIAN PRESS

Ackles' dream finally realized

- Grey Cup GM says they've upped the ante to make this the best one yet
- Team ready to show off what Vancouver and B.C. really have to offer

PHYLICIA TORREVILLAS
VANCOUVER@METRONEWS.CA

Scott Ackles said his father, Bob, would certainly have been thrilled to see the B.C. Lions play again in the Grey Cup at home.

"He was able to realize that dream in 1983 when (BC Place) opened for the first time when the B.C. Lions played against the Toronto Argonauts," said Scott Ackles, general manager of the 2011 Grey Cup Festival committee.

"Unfortunately the team (lost by a point), but to have your team in the final in the same city where you're hosting it is everybody's dream."

Having the Leos play for Canada's ultimate football glory is the icing on the cake, he added.

"You never plan for your local team to be in the final. That rarely ever happens," he said.

"Now, what really makes the difference is all of our fans get to enjoy having their team in the final. It brings another dimension of orange to the Grey Cup festival."

This will be a chance to show off Vancouver and British Columbia to the rest of the country, he added.

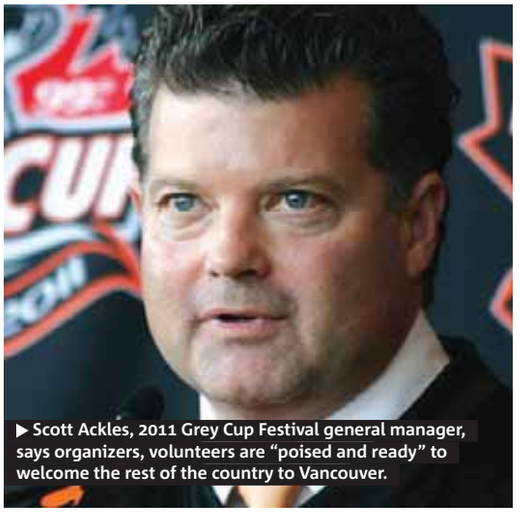
"Seven million viewers will watch the game across the country, so it's a massive advertising tourism commercial for Vancouver and B.C.," he said.

He's also not worried about the possibility of unruly fans or things getting out of hand.

"It's a different crowd and a completely different event," Ackles said, noting that events are family-focused and mostly indoors.

"Certainly there will be a lot of people downtown, but you'll see the camaraderie between football fans regardless of the colour of their jerseys.

"We've also made plans with the city to ensure that it is a great party and that people have a lot of fun with little or no issues."



▶ Scott Ackles, 2011 Grey Cup Festival general manager, says organizers, volunteers are "poised and ready" to welcome the rest of the country to Vancouver.

Grey Cup fever: Your ultimate game guide

The Power of Orange

LEOS JERSEY. Leos Jersey This one is easy. Wear orange — lots of it. Start with a jersey, that's essential. Once you've done that, accessorize. Hats, watches, foam fingers, socks, g-strings. If it's orange, you have a moral duty to your province to wear it on Sunday.

Hocus pocus for the big day

VOODOO DOLL. We've pierced Buck and we encourage all Lions fans to do that same. Sports is dominated by superstitions and all sorts of hocus pocus. Athletes and fans alike have their own rituals; stick to what has worked best for you and hold on to it.

Lost in translation

DICTIONARY. What is a Blue Bomber anyways? It's best to have a dictionary on hand to find out because we sure as hell don't know. Our pocket-sized Webster's will be useful when you're looking for the right word to describe that sad look on the faces of Winnipeg fans.

A real nailbiter on the way

NAIL CLIPPERS. Rarely does a Canadian Football League championship game not go down to the wire. It's a stressful time for both sets of fans. Instead of chewing off your fingernails, we suggest a pair of clippers. You may still be compulsively snipping.

Cold day, cold drinks

BEER. A nice cold one and football go hand in hand. Pick your favourite brew, sit back and enjoy. A word of caution: Don't overdo it, Vancouver. Also, keep away from children (we don't want any more emails about how we're encouraging youth to drink).

Don't let mother nature ruin your game

UMBRELLA. You'll definitely need one if you're catching the game out at a bar or restaurant, but we suggest bringing one to BC Place as well. Leaks happen and you wouldn't want your voodoo doll to get damp.

MATT KIELTYKA

Nothing screams team pride like painting your face in your team's colours or logos for the Grey Cup festival weekend Professional face and body artist Allyson Grant shows both male and female football fans how to achieve the right look in five easy steps

MODELS: **BRIANA RAYNER AND JOSH BLACKER**

Put your best face forward

PHYLICIA TORREVILLAS
@METRONEWS.CA

A favoured tradition among hardcore football fans, face painting is the ultimate show of true fandom. So if you've got spirit, why not let everybody see it?

For a full-face design, you'll need: A makeup sponge; white, orange and black face paint; a small or medium flat-tip brush; loose powder; a powder puff; and a fine-mist spray bottle of water.

For a cheek art design, you'll need: Extra-small and medium-sized point-tipped brushes; orange and black face paint; and glitter, if desired — but NOT glitter made of metal particles!

Catch Allyson Grant during selected hours at the Nissan Family Tent during the Grey Cup festivities this weekend.

For more information, visit gossamerdesigns.ca or email allyson@gossamerdesigns.ca.

PHOTOS: PHYLICIA TORREVILLAS/METRO

STEP 1
Prep skin with a light moisturizer and lightly map a vertical line directly down the centre of the face with white paint.

STEP 2
Sponge white paint all over one side of the face and orange paint on the other. Use a dabbing motion rather than a dragging one to create an even distribution of paint.

STEP 3
Using a brush, paint a black line down the centre of the face over top of where the orange and white paint meet.

STEP 4
To add lasting power to your look, you can set it by dusting the whole design with loose powder and then spritzing it very lightly with water.

STEP 5
Complete the look with a growl.

STEP 1
Block out the shape of the logo in orange paint with the larger brush, paying attention to the proportions.

STEP 2
Using the small brush, outline the entire design. Try to keep the line as even as possible.

STEP 3
Paint and fill in the letters with the small brush.

STEP 4
If desired, lightly dab glitter onto the design using a finger while the paint is still a little bit damp.

STEP 5
Get your cheer face on.

Grey Cup: A money-making anti riot-stirring celebration

Grey Cup weekend expected to bring in as much as $100 million into Vancouver from fan invasion Downtown businesses beef up staff

PHYLICIA TORREVILLAS
VANCOUVER@METRONEWS.CA

Downtown businesses are all set and ready to cash in as they anticipate massive crowds during the Grey Cup festival weekend.

Donnelly Group operating partner Paul Stoilen said they've made sure there are extra staff on hand as they're expecting full capacity in their pubs, restaurants and clubs.

"Overall for the weekend, we're expecting a 20 to 30 per cent lift (in revenue) at our venues in the downtown core," Stoilen said. "I think this will be one of the most successful Grey Cups in the history of the league."

Stoilen also said they aren't worried about a possibility of a Stanley Cup riot repeat.

"I think we're expecting to win and we're expecting a civilized celebration," Stoilen said.

"We have confidence in the city and the plan in place to prevent that from happening."

Charles Gauthier, Downtown Vancouver Business Improvement Association executive director, said any possibility of violence seems unlikely this time around since it's a different demographic.

> **"I think we're expecting to win and we're expecting a civilized celebration"**
> PAUL STOILEN, DONNELLY GROUP OPERATING PARTNER

Gauthier said the businesses are excited to host another big event and they're ready to leave the city's riot-tarnished image behind.

"It's an early Christmas gift for them ... especially since it's also leading up into the holiday shopping season," he said, adding it also benefits employees since they'll be given more shifts.

"Traditionally, this is a slower time for hotels as well, unless there's a conference in town, so it's really great," Gauthier added.

Grey Cup organizers are expecting crowds of up to 300,000 people with 30,000 to 40,000 fans from out-of-town, as well as an economic impact ranging from about $80 million to $100 million.

PHYLICIA TORREVILLAS/METRO FILE

▶ CFL fans wait for the Grey Cup to arrive at HMCS Discovery in Vancouver Wednesday. Some came all the way from Sudbury, Ont. to enjoy the four-day Grey Cup festival.

Tips to host a Grey Cup party

PHOTOS
1. SUBMITTED
2. SUBMITTED
3. SUBMITTED
4. SUBMITTED

Murray Bancroft, a Vancouver chef, food stylist, and culinary director for Western Living magazine, shares his tips for throwing a great Grey Cup party this weekend.

1 Mimic food you would find at the game — "The last couple of years, comfort food has been a (big) trend," said Bancroft. He suggested hot dogs and a mini-burger bar.

2 Pre-arranged seating — Make sure chairs and couches are arranged beforehand so guests don't have to struggle during the game to get a better view.

3 Keep it simple — Cook things in advance, so you don't have to spend time preparing it when your guests arrive. "The last thing you want is to be in the kitchen and hear 'touchdown!'" he said. .

4 Set up an eating station — Allow guests to help themselves to snacks and refreshments during half time.

KENDRA WONG/METRO

Fun to be had

Here are some different events happening around the city during the 2011 Grey Cup Festival:

▶ **The Lion's Den**
Nov. 25-26 (4 p.m.-1 a.m.)
Vancouver Convention Centre East
Tickets can be purchased for $15, or call 604-589-ROAR.
Must be over 19.

▶ **Blue & Gold House**
Nov. 24-27
Elephant & Castle Marine Building
385 Burrard St.
$5 entry fee ($10 if you're wearing blue).
Guests must be over 19.

▶ **Molson Canadian House**
Nov. 25-27
Vancouver Convention Centre West
Cold beer and good music available
Daily performances by CFL cheer teams.
Open to anyone over 19.

▶ **PlayNow.com Main Stage**
Nov. 25-27 (11 a.m.-10:30 p.m.)
Terry Fox Plaza
(Corner of Robson and Beatty Streets)
Live and free entertainment featuring 17 musical acts, including Said the Whale, Hey Ocean, Bend Sinister and Kyprios.

▶ **Safeway Grey Cup Festival Parade**
Nov. 26 (10 a.m.- noon)
Starts on Smithe Street at Hornby Street and finishes at Vancouver Sun FanFest in the Nissan Family Zone.
Join Glee star Cory Monteith, 14 marching bands, and more than 40 floats parade through the streets of Downtown Vancouver.

PHYLICIA TORREVILLAS/METRO

Lions' strength along the line provides edge

Coaches scheme long and hard to achieve it while players spend countless hours in the weight room and practice field preparing to execute it.

Controlling the line of scrimmage is one of the most basic premises of football. It's where a team can impose its will on an opponent and not only dictate the flow of a game but also determine the outcome.

The ability to control games on both sides of the ball is a big reason why the B.C. Lions and Winnipeg Blue Bombers are the CFL's last two teams standing and will square off in the Grey Cup on Sunday at BC Place.

But it's the Lions' slight superiority on the offensive front, combined with a kicking advantage from veteran Paul McCallum (50-of-53 field goals during the regular season), that will give them just enough of an edge to become only the fourth team in CFL history to win a Grey Cup on home soil.

But it won't be easy because there's not much separating the two teams, especially on defence where the Bombers and Lions finished the regular season 1-2 in sacks with 55 and 54, respectively. What's interesting, though, are the different approaches they took to get there.

The Bombers' defence is all about speed. Defensive end Odell Willis, who tied for the CFL lead with 13 sacks, is a master of getting off the ball so quickly that offensive linemen don't have time to get their feet set and are left reaching to get to Willis.

That creates a mismatch for Willis because his opponent is off balance and unable to catch up. Willis not only explodes off the ball, but reaches top speed so quickly that he's often in the backfield before the quarterback has had time to look downfield, let alone get set to throw.

You can attempt to counter Willis either through a double-team or having the slotback or running back chip him at the line of scrimmage to slow his forward progress. The trouble with a double-team is it pits the other defensive linemen — tackles Doug Brown and Bryant Turner and end Jason Vega — in one-on-one situations, which isn't ideal given all three have the ability to get to the quarterback as well.

The Lions' X-factor is a terrific offensive line. It allowed a league-low 29 sacks and often gave star quarterback Travis Lulay the time to look for an open receiver. And that's dangerous with a Lions' receiving corps that features big-play slotbacks Arland Bruce III and Geroy Simon.

Lulay's mobility also makes the line's job easier because he has the ability to either run away from the pressure or gain yards.

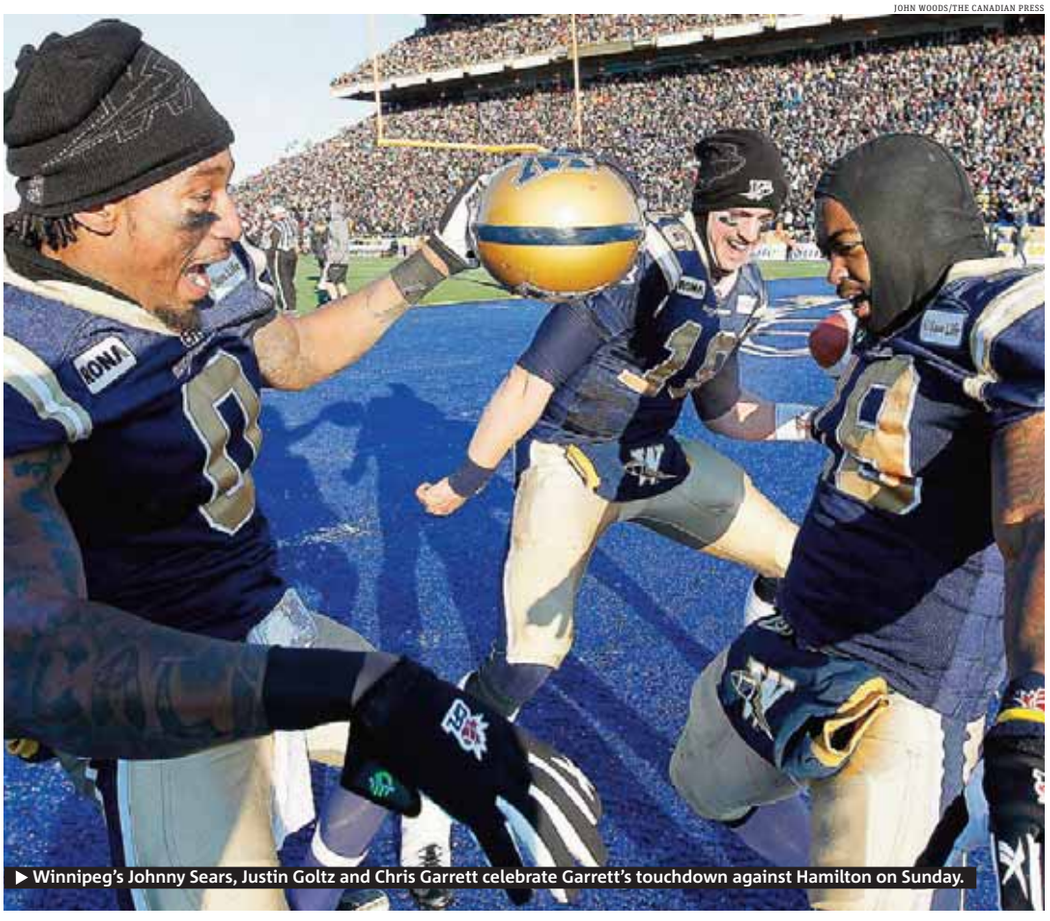
And with B.C.'s offensive line dominating the point of attack, the Lions will surge ahead and get the home crowd firmly behind them. That won't bode well for a Winnipeg offence that's much better suited to ball control than opening up in the air to mount a comeback.

Winnipeg ranked second-last in passing (249.7 yards per game) and quarterback Buck Pierce had more interceptions (18) than TD passes (14). But when forced to throw, the Bombers will play right into the strength of B.C.'s defence and that will pretty much seal the East Division champions' fate.

THE CANADIAN PRESS

PREDICTION	
28	21
LIONS	BOMBERS

JOHN WOODS/THE CANADIAN PRESS



▶ Winnipeg's Johnny Sears, Justin Goltz and Chris Garrett celebrate Garrett's touchdown against Hamilton on Sunday.

The great debate

Metro Winnipeg's Elisha Dacey and Metro Vancouver's Jeff Hodson duke it out over which city's CFL team will walk away with the cup

ELISHA DACEY
@METRONEWS.CA

Well, well, well.

The same day Metro's CFL guy Dan Toth gave the Bombers 50-1 odds of heading to the Grey Cup, I tweeted out that the Big Blue were going. I wish now I had put some money on it.

But no matter. Swaggerville is heading to the Grey Cup, and will swagger right over the Lions.

And here's why:

Defence. The Lions may be king of the jungle, but the Bombers are lord of the skies, stopping every single CFL team in their tracks. You think you're gonna get through Odell Willis and Doug Brown, kittycats? Good luck.

Passion. We love to be underdogs. We love to make a spectacular comeback. Buck Pierce is the ultimate in comebacks, and it will be so satisfying to write about how Buck beat his former Lions teammates in an epic CFL blowout.

We're due. It's been a long, long time since we hoisted the cup. Make all the jokes you want, pussycats. This is Big Doug Brown's last year. He wants that cup — but not as much as we want him to have it.

True fans. We sold out our stadium eight times this year. In the snow and cold. And many have headed to Vancouver and willingly paid local scalpers' prices, unlike your fair-weather fans only wanting to make a quick buck.

Well, we'll show you the true value of a Buck.

Go Bombers go! Love you guys.

JEFF HODSON
@METRONEWS.CA

Elisha, you're waaay too nice.

I don't even know why we're debating it. Let's just award the Leos the Grey Cup, have a cool beer, pat the Blue Bombers on the head and wish them a nice flight home — to Loserpeg.

These Bombers will live down to their name.

This is the team that scrounged their quarterback from B.C.'s midden heap, patched him up Red Green-style with duct tape and chicken wire and shuffled him back onto that frozen patch of tundra Whinerpeg calls the Canad Inns Stadium.

This is the team whose defence had the arrogance to dub itself Swaggerville following a spat of meannothing wins early in the season. It's the kind of turtleneck-wearing, toothpick-chewing nickname that a teenager proudly awards himself in the mirror after frosting his tips.

This is a team that has managed three miserly wins in their last 10 regular season games.

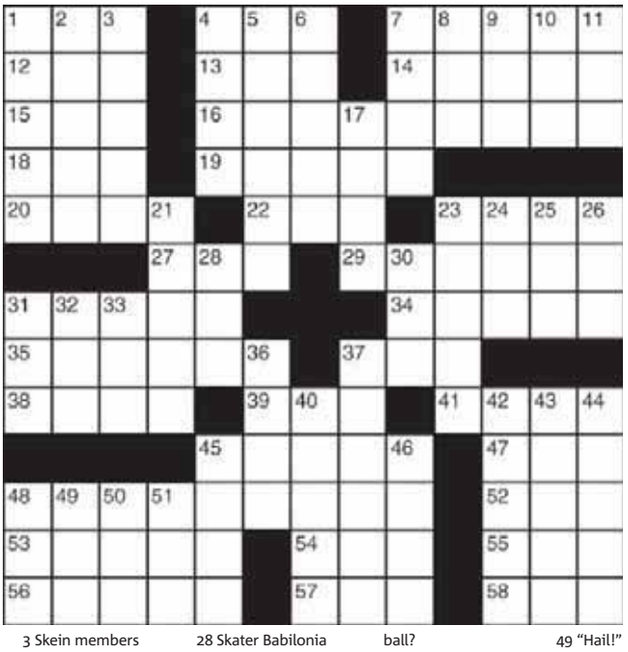
Compare that to the B.C. Lions.

Following a sputtering start, the Leos have been unstoppable.

They boast a defence every bit as good as Wankerpeg's and an offence that has looked unstoppable.

The Lions have only lost once in their last 12 games. They'll beat you through the air, they'll beat you on the ground and they even have the best kicker in the league to boot!

Crossword



Across

1 Witchy sort
4 Predicament
7 Earlier on the page
12 Brewery output
13 Oklahoma city
14 The Little Mermaid
15 3-Down's formation
16 Musical matchmaker
18 Chances, for short
19 Pisces' neighbour
20 At the home of (Fr.)
22 Kvetch
23 Used a loom
27 "Monty Python" intro
29 Drool
31 String instrument
34 Cheer up
35 Gum arabic source
37 Perched
38 Eve's third son
39 Teensy
41 Wild and crazy
45 Aesopian conclusion
47 Feathery neckpiece
48 "The Art of Happiness" author
52 Sindbad's bird
53 "Tinker to — to Chance"
54 Despondent
55 Blond shade
56 Surround
57 Tackle's teammate
58 Bumped into

Done

1 Destruction
2 Hebrew letter
3 Skein members
4 — Pinkett Smith
5 Decorates
6 Sasha's sister
7 Puts into words
8 Web address
9 Chart format
10 Gun the engine
11 Muhammad or Laila
17 Stamina, slangily
21 Nothing
23 Ballroom favourite
24 Eventual aves
25 Ex-G.I.
26 Preceding
28 Skater Babilonia
30 Meadow
31 Anatomical duct
32 Tavern supply
33 Feedbag morsel
36 MPs' quarry
37 Tar
40 Obliterate
42 James — Garfield
43 Sue Grafton's "N Is for —"
44 America's Cup contender
45 Atomizer spray
46 Actress Cheryl
48 Belle of the ball?
50 "— Misérables"
49 "Hail!"
51 Exist

▶ Yesterday's answer

Sudoku

		4	1	3		2		
		7						8
2			8			1	4	
	7	3		4	2			
			6	1		9	7	
	1	5			7			2
8						7		
		2		6	9	5		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	8	6	2	4	1	3	5	9
1	5	3	7	9	8	2	4	6
2	4	9	6	3	5	8	1	7
9	7	4	5	1	3	6	8	2
5	3	1	8	2	6	9	7	4
6	2	8	9	7	4	5	3	1
8	1	2	3	6	7	4	9	5
4	9	5	1	8	2	7	6	3
3	6	7	4	5	9	1	2	8

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Jennifer Owens
Thank you for letting me be apart of you life and I hope we can spend the rest of our lifes together... I honestly believe we belong together from the bottom of my heart to yours... I miss you....
FROM JAMES WALKER

My Chinchilla
Baby you are my entire day. I cant wait until I see you and show you this kiss I have sent. I love when your eyes light up and that great sexy smile takes over. Love you forever xoxox
FROM XIGENERAL

Brooke
You are our cupcake!!! We love you! xoxoxoxo
FROM NANNY AND GRAMPY

Sheri
Thank you for the most amazing evening I have had in a long time... Cant wait to spend more time with you..
FROM BROTHERQ

Today 9°/5° Partly cloudy
Saturday 10°/4° Rain 80%
Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2011

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Get past the wishful thinking and make your dreams come true. All it takes is self-belief — and action.

♉ Taurus April 21-May 21 You don't need to stoop to underhand methods to realize your ambitions.

♊ Gemini May 22-June 21 Make sure you express yourself today. Let everyone know how you feel, be it good or bad.

♋ Cancer June 22-July 22 You don't have time for fun and games — you have serious issues to deal with and you know if you don't crack on with them now they may never get done.

♌ Leo July 23-Aug.23 By all means take a few risks today.

♍ Virgo Aug. 24- Sept. 22 Try not to let your emotions get the better of you today, especially on the home front where a loved one's actions may annoy you intensely.

♎ Libra Sept. 23-Oct. 23 Don't impose restrictions on yourself, and don't let other people tell you what you can and cannot do.

♏ Scorpio Oct. 24-Nov. 22 Money matters of one sort or another will be much on your mind today.

♐ Sagittarius Nov. 23-Dec. 21 You may be eager to start something new and that's great, but don't just throw yourself at it.

♑ Capricorn Dec. 22-Jan. 20 As today's eclipse falls in the most sensitive area of your chart you'll want to be on your own for a while.

♒ Aquarius Jan. 21-Feb. 18 You seem to be having second thoughts about an issue you once had no doubts about at all.

♓ Pisces Feb. 19-March 20. Whatever your age or your social position there is still time to make an impression on the world.

SALLY BROMPTON

DARRYL DYCK/THE CANADIAN PRESS

Caption contest

AHN YOUNG-JOON/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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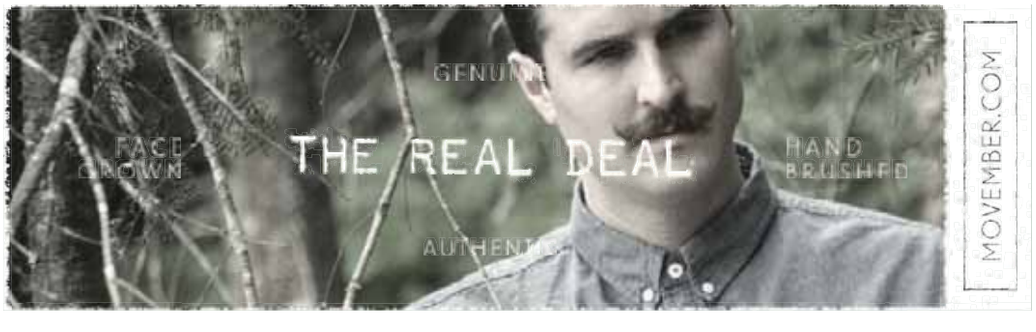
Conditions apply. Ex: Vancouver. Package price is stated per person based on double occupancy for total duration of stay. Price is for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change. BC REG: #H02790



LOOK AGAIN SPOT THE 10 DIFFERENCES IN THESE TWO IMAGES.

Los Angeles, California – It's breathtaking views inside and out with the 2011 AJAC Car of the Year. And while stopping for gas isn't on the Cruze's agenda, taking in the stellar scenery definitely is. Who doesn't love a great lookout point?

1. Removed telescope from left side of image 2. Removed rock left of the 2012 Chevrolet Cruze 3. Removed rearview mirror in the 2012 Chevrolet Cruze 4. Extended fence at the right of the image 5. Removed parking line in front of couple 6. Added telescope to right of image 7. Removed building behind fence 8. Jacket colour changed 9. Removed radio antenna on the 2012 Chevrolet Cruze 10. Added additional clouds into sky

DRIVING OUR WORLD FORWARD
CHEVROLET.CA

HURRY, IT ENDS NOVEMBER 30TH, 2011

SEND JACK FROST CRYING HOME TO MOMMY.

Ford WINTER READY

GET WINTER READY WITH SAFETY FEATURES AND OPTIONS LIKE ADVANCETRAC,®‡ ABS, AND AVAILABLE HEATED LEATHER SEATS.

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OR

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5.2L/100 km **54 MPG** HWY***
7.3L/100 km **39 MPG** CITY***

TRACTION CONTROL | AVAILABLE POWERSHIFT™ 6-SPEED | MP3/USB COMPATIBLE

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AS LOW AS **0% APR**
FOR UP TO **60 MONTHS****
ON SELECT NEW 2012 MODELS.

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Top Safety Pick Award Winner from IIHS

2011 **FUSION** I4 SE AUTO

OWN FOR ONLY **$21,999*** OR PURCHASE FINANCE BI-WEEKLY FOR ONLY **$149**** @ **6.29% APR** FOR 72 MONTHS WITH $2,700 DOWN PAYMENT AND $3,500 MANUFACTURER REBATE. OFFER INCLUDES $1,550 FREIGHT & AIR TAX.

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9.0L/100 km **31 MPG** CITY***

TRACTION CONTROL | ELECTRONIC STABILITY CONTROL‡ | MP3/USB COMPATIBLE

CANADA'S BEST-SELLING COMPACT SUV†††

2012 **ESCAPE** I4 XLT AUTO

OWN FOR ONLY **$27,449*** OR PURCHASE FINANCE BI-WEEKLY FOR ONLY **$189**** @ **0% APR** FOR 60 MONTHS WITH $2,900 DOWN PAYMENT. OFFERS INCLUDE $1,600 FREIGHT & AIR TAX.

PLUS ELIGIBLE CUSTOMERS GET $1000 RECYCLE YOUR RIDE INCENTIVE

7.1L/100 km **40 MPG** HWY***
10.0L/100 km **28 MPG** CITY***

4WD AVAILABLE FOUR-WHEEL DRIVE | ELECTRONIC STABILITY CONTROL‡ | MP3/USB COMPATIBLE

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Winter tires are meant to be operated during winter conditions and may require a higher cold inflation pressure than all season tires. Consult your Ford of Canada dealer for details including applicable warranty coverage. *Purchase a new 2011 Fiesta SE Sedan/2012 Focus SE Sedan with automatic transmission/2011 Fusion SE with automatic transmission/2012 Escape I4 XLT 4x2 with automatic transmission for $17,499/$21,499/$21,999/$27,449 after Total Manufacturer Rebate of $0/$0/$3,500/$0 deducted. Taxes payable on full amount of purchase price after Manufacturer Rebate has been deducted. Offers include freight and air tax of $1,550/$1,600/$1,550/$1,600 but exclude variable charges of license, fuel fill charge, insurance, registration, PPSA, administration fees, any environmental charges or fees, and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. 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Taxes payable on full amount of purchase price. **Choose 1.99%/2.99%/6.29%/0% APR purchase financing on a new 2011 Fiesta SE Sedan/2012 Focus SE Sedan with automatic transmission/2011 Fusion SE with automatic transmission/2012 Escape I4 XLT 4x2 with automatic transmission for a maximum of 72/72/72/60 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Purchase financing monthly payment is $214/$279/$322/$409 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $99/$129/$149/$189 with a down payment of $3,000/$3,100/$2,700/$2,900 or equivalent trade-in. Cost of borrowing is $894.82/$1,722.56/$3,920.19/$0 or APR of 1.99%/2.99%/6.29%/0% and total to be repaid is $15,393.82/$20,121.56/$23,219.19/$24,549. Offers include a Manufacturer Rebate of $0/$0/$3,500/$0 and freight and air tax of $1,550/$1,600/$1,550/$1,600 but exclude variable charges of license, fuel fill charge, insurance, registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. Taxes are payable on the full amount of the purchase price. Bi-Weekly payments are only available using a customer initiated PC (Internet Banking) or Phone Pay system through the customer's own bank (if offered by that financial institution). The customer is required to sign a monthly payment contract with a first payment date one month from the contract date and to ensure that the total monthly payment occurs by the payment due date. Bi-weekly payments can be made by making payments equivalent to the sume of 12 monthly payments divided by 26 bi-weekly periods every two weeks commencing on the contract date. Dealer may sell for less. Offers vary by model and not all combinations will apply. ***Estimated fuel consumption ratings for the 2011 Fiesta 1.6L I4 5-speed Manual transmission: [7.1L/100km (40MPG) City, 5.3L/100km (53MPG) Hwy] / 2012 Focus 2.0L I4 6-speed Automatic transmission: [7.3L/100km (39MPG) City, 5.2L/100km (54MPG) Hwy] / 2011 Fusion FWD 2.5L I4 6-speed Automatic transmission: [9L/100km (31MPG) City, 6L/100km (47MPG) Hwy] / 2012 Escape FWD 2.5L I4 6-speed Automatic transmission: [10L/100km (28MPG) City, 7.1L/100km (40MPG) Hwy]. Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ‡Remember that even advanced technology cannot overcome the laws of physics. 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To qualify, customer must turn in a 2005 model year or older vehicle that is in running condition (able to start and move and without missing parts) and has been properly registered/plated or insured for the last 3 months (the "Criteria"). Eligible customers will receive [$500]/[$1,000]/[$2,500]/[$3,000] towards the purchase or lease of a new 2011/2012 Ford [Fiesta (excluding S), Focus (excluding S)]/[Fusion (excluding SE), Taurus (excluding SE), Mustang (excluding Value Leader), Escape (excluding XLT I4 Manual), Transit Connect (excluding EV), Ranger (excluding Regular Cab 4x2 XL), Edge (excluding SE), Flex (excluding SE), Explorer (excluding base)]/[F-150 (excluding Regular Cab 4x2 XL), Expedition, E-Series]/[F250-550] – all Raptor, GT500, BOSS302, and Medium Truck models excluded (each an "Eligible Vehicle"). Taxes payable before Rebate amount is deducted. To qualify: (i) customer must, at the time of the Eligible Vehicle sale, provide the Dealer with (a)sufficient proof of Criteria, and (b) signed original ownership transferring customer vehicle to the Authorized Recycler; and (ii) Eligible Vehicle must be purchased, leased, or factory ordered during the Program Period. Offer only available to residents of Canada and payable in Canadian dollars. Offer is transferable to persons domiciled with the owner of the recycled vehicle. Offer can be used in conjunction with most retail consumer offers made available by Ford at either the time of factory order or delivery, but not both. Offer not available on any vehicle receiving CPA, GPC, or Daily Rental Rebates and the Commercial Fleet Rebate Program (CFIP). Limited time offer, see dealer for details or call the Ford Customer Relationship Centre at 1-800-565-3673. ©2011 Ford Motor Company of Canada, Limited. All rights reserved. †††Based on R.L. 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